

## High Adventure Activity Guidelines, Approval Process and Application

Girl Scouts of Orange County defines High Adventure as any activity which requires special training and/or safety equipment for girls and adults.



With proper assistance and a can-do attitude, many Girl Scout troops and groups are bidding farewell to their comfort zones and embarking on amazing challenges. Getting out of their comfort zone is one way to gain courage, strengthen teambuilding, and achieve many of the Girl Scout Leadership Experience Outcomes.

In Girl Scouting, giving girls opportunities to express leadership through a variety of activities and experiences is an integral part of the Girl Scout Leadership Experience. Girl Scouts of Orange County wants to ensure that all activities, with an emphasis on those that are viewed as higher risk activities, are properly reviewed for best safety practices. This includes instructor knowledge, training, and certifications; company/vendor/location safety and certifications; and safety awareness among girls and volunteers.

### Activities not allowed per GSUSA/GSOC:

- Uncontrolled free-falling activities
  - Bungee jumping, parachuting, and bounce houses (GSUSA policy)
- Extreme variations of approved activities
  - High altitude climbing, aerial tricks on bicycles or skis, etc.
- Hunting or shooting a projectile at another person
- Riding all-terrain vehicles
- Outdoor skydiving
- Privately owned airplanes
- Untethered hot air balloons

As the definition above states, Girl Scout activities which require special training and/or safety equipment, for girls and adults, must be approved by GSOC staff. In order for the girls to have a positive High Adventure experience this process must be followed.

*If you have any questions or concerns regarding High Adventure Activities, Safety Activity Checkpoints please email to Customer Care at [customercare@girlscoutsoc.org](mailto:customercare@girlscoutsoc.org)*

### Examples of High Adventure Activities:

Archery	Fishing with vendor	Knife Throwing,	Skiing
Backpacking	Go Carts	Tomahawk	Sledding
Bicycling with rentals	Horseback Riding	Throwing and	Snowboarding
Boating	Ice/Roller Skating	Zorbing	Snowshoeing
Canoeing	Indoor Skydiving	Rappelling	Snow Tubing
Caving	Indoor Trampoline	Rock Climbing	Surfing
Challenge Courses	Kayaking	Sailing	Tobogganing
Fencing		Scuba Diving	Water Skiing
		Segway	White Water Rafting
			Windsurfing

\*Other activities apply, check with council.

### Activity Approval Process

The High Adventure Activity Application must be completed and submitted to GSOC Headquarters at least **4 weeks prior** to when the activity is to take place for GSOC approved company. All Safety Activity Checkpoints must be strictly followed. The registered volunteer signing the High Adventure Application agrees to and is responsible for complying with all Girl Scout safety regulations and requirements as well as all safety regulations or requirements of the vendor.

If the company/vendor/location is not on the current GSOC Approved List, please turn in application no less than **8 weeks prior** to activity to allow sufficient time for GSOC to work with the new facility and collect necessary documents.

### IMPORTANT INFORMATION

Should an activity not be approved by the GSOC Girl Experience Department and the activity is done anyway please be aware that Girl Scout insurance will not cover the activity or participants; if a lawsuit is filed the adults who participated in the activity are opening themselves to a personal lawsuit and GSOC may take disciplinary action, including dismissal of the involved volunteers.

### [GSOC High Adventure Approved Company List](#)

High Adventure Activity Application must still be completed if company is on GSOC's approved list.

Please submit a [High Adventure Activity Application](#) with supporting documents.