

# Bloom Workshop

girlscouts  
of orange county

Join us for a workshop on mental wellness and learn how to grow through what you go through. This session is led by Licensed Marriage & Family Therapist Vanessa Cardin!

## Cadette Mental Wellness Workshop

- May 13th, 2023
- 10:00 AM - 11:30 AM
- 9500 Toledo Way #100  
Irvine, CA 92618
- Cost: \$45 per Girl Scout

This Event is produced by the Bloom Foundation in partnership with Girl Scouts of Orange County.

[Link to Register](#)



**What's  
Included?**  
Journal  
Materials  
Bloom Patch  
Science of  
Happiness  
Badge



**BLOOM**