# My Promise, My Faith

Girl Scouts' My Promise, My Faith (MPMF) Awards invite girls in grades K-12 to experience a faith journey through exploration of the Girl Scout Law and teachings from their faith. Girls can earn a national MPMF Award pin each year.

#### Steps to earn the pin:

**1. Choose one line from the Girl Scout Law.** Find a story, song, or poem from your faith with the same ideas. Talk with your family or friends about what that line of the Law and the story, song, or poem have in common.

**2. Find a woman in your own or another faith community.** Ask her how she tries to use that line of the Law in her life.

**3. Gather three inspirational quotes** by women that fit with that line of the Girl Scout Law. Put them where you can see them every day!

**4. Make something to remind you of what you've learned.** It might be a drawing, painting, or poster. You could also make up a story or a skit.

**5. Keep the connection strong.** Find out if your faith community offers a recognition program for Girl Scouts. Talk with your friends, family, or a group in your faith community about what you've learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Maybe you can show them what you just made or perform your skit!

#### Adult volunteers from faith organizations partner with girls by:

- Linking the national pin into their faith's religious recognitions
- · Guiding girls through their personal faith journey
- Helping girls strengthen their understanding of their faith



## My Promise, My Faith Awards Frequently Asked Questions



#### Who can earn the My Promise, My Faith Awards?

A registered Girl Scout in grades K-12 can earn the My Promise, My Faith Awards.

#### What are the My Promise, My Faith Awards?

My Promise, My Faith (MPMF) Awards are Girl Scout awards – 13 in all – which invite Girl Scouts in grades K-12 to experience a faith journey by exploring the connections between the Girl Scout Law and teachings from their faith.

*My Promise, My Faith Awards complement religious recognitions for specific faiths. Learn more about religious recognitions at https://www.praypub.org/gsusa or by contacting faith leaders.* 

#### When can a Girl Scout earn the My Promise, My Faith Awards?

A Girl Scout can earn the My Promise My Faith Awards once each membership year (October 1-September 30 annually) that they are a registered Girl Scout on their own or with their troop/group. The My Promise, My Faith Awards provide a great opportunity for girls from the same faith or who represent diverse faiths to explore the Girl Scout Promise and Law which unites all Girl Scouts, and to explore and share about their specific faith.

My Promise, My Faith Awards can be presented to girls who complete the steps. Girls and adults can plan to celebrate with their family, at a troop meeting, awards ceremony, or contact faith leaders to plan a faith event using the Faith Program Toolkit to recognize Girl Scouts at their place of worship during Girl Scout Week Faith Days (Girl Scout Sunday/Jummah/Sabbath/Shabbat) annually or any time of year.

#### Where do Girl Scouts wear the My Promise, My Faith Awards?

Girl Scouts wear My Promise, My Faith Awards on the front of the official Girl Scout vest or sash. See diagrams and placement at https://www.girlscouts.org/en/members/for-girl-scouts/uniforms.html.

Religious recognitions can be worn next to or below the My Promise, My Faith Awards.

## Why does a Girl Scout earn the My Promise, My Faith Award?

My Promise, My Faith Awards help Girl Scouts make connections between their faith and Girl Scouts. As girls explore the Girl Scout Law, they will make connections between the Girl Scout Promise and Law which all Girl Scouts share and the values of their faith.

## How does a Girl Scout earn the My Promise, My Faith Awards?

A Girl Scout completes the 5 steps to earn the pin. The first three steps help girls explore the Girl Scout Law. The fourth step is a chance to be creative and make something. The last step is to find out about Religious Recognitions for specific faiths.

The steps are the same for all Girl Scouts in every grade and a girl can earn the award without having earned it in prior years. Girls can choose a different line of the Girl Scout Law each year or repeat a favorite line each year. When earning the My Promise, My Faith Awards over multiple years, girls will deepen their understanding of the Girl Scout Law and/or their faith and be eligible for GSOC Faith Awards: OC Faith Mentor and OC Faith Explorer certificates.

## How can Girl Scouts connect with faith partners?

Girl Scouts can use My Promise, My Faith Awards to build and/or strengthen relationships with faith communities. Girls, families, volunteers, troops, and service units can work with faith partners in mutually beneficial ways to serve girls and families. Faith partners can host a troop, engage Girl Scouts in service opportunities, help girls earn their My Promise, My Faith Awards and religious recognitions, and celebrate and recognize Girl Scouts during Girl Scout Week or any time of year.

Questions? Visit www.girlscoutsoc.org/faith or contact customercare@girlscoutsoc.org