

Healthy Relationships

Patch Program for All OC Girl Scouts

The NEWLY Refreshed Healthy Relationships Patch Program will help girls at every level, Girl Scout Daisy to Girl Scout Ambassador, to DISCOVER what they value in healthy relationships, CONNECT through Girl Scouts activities, and TAKE ACTION to practice valuable life skills needed to C.R.E.A.T.E. healthy relationships!

GIRLS WILL:

Connect with others - practice communication and form strong connections with family, friends, and their communities.

Respect themselves and others - give and get respect as they try new things in an all-girl, girl-led and girl friendly environment that allows them to practice their skills, explore their potential, take on leadership positions, and just be themselves.

Empathize with others - communicate their feelings, seek to understand and have compassion for others, and resolve conflicts constructively.

Advocate for themselves and others - develop the courage and confidence to stand up for what they believe in - to advocate for themselves, locally and globally - and encourage and inspire others to do the same.

Take Action and become responsible, productive, caring, and engaged citizens - to contribute to the world in purposeful and meaningful ways, learn how to identify issues they care about, create plans to solve community problems, and educate and inspire others to act.

Empower themselves and others - to make the world a better place and unleash their inner G.I.R.L. (Go-Getter, Risk Taker, Innovator, Leader)™!



For additional resources to help you continue to grow and invest in Healthy Relationships:



Once you have completed all three steps, scan the QR Code to request your FREE patch, courtesy of our friends at Bloomingdale's!



Learn more and download patch program guides at www.girlscoutsoc.org/councilsown

DID YOU KNOW? Forming and maintaining healthy relationships is one of the 5 ways Girl Scouts is proven to help girls thrive. Learn more at www.girlscouts.org/research.

This patch program was created with input from GSOC program providers. Thank you to Bloom Foundation, Drum Connections, Laura's House, OC Health Care Agency, ONE Love Foundation, and SkillsIRL for supporting the development of the GSOC Healthy Relationships Patch Program.

girl scouts 
of orange county