

Healthy Relationships PATCH PROGRAM



Daisy/Brownie Resources

OC Health Care Agency

- [40 Developmental Assets List \(Ages 5-9\)](#)
- [Roses & Thorns \(Highs & Lows Activity\)](#)

Scholastic

- [20 Children's Books About Feelings](#)

OneLove

- [Friendlets Videos](#)
- [Healthy Relationships Through a Friendship Lens](#)

Skills IRL

- [Making Friends! Activities & Crafts](#)

Junior/Cadette Resources

Bloom Foundation

- [Bloom Wellness Journal](#) - Available to Purchase
- [Bloom Wellness Workbook](#)

Laura's House

- [Teen Resources](#) – Are You in a Healthy Relationship Quiz

OC Health Care Agency

- [40 Developmental Assets List \(Ages 8-12\)](#)
- [40 Developmental Assets for Youth](#)
- [40 Developmental Assets Jenga Activity](#)
- [Identity Wheel](#)

Skills IRL

- [Setting Boundaries with Relationships!](#)

Senior/Ambassador Resources

Bloom Foundation

- [Bloom Wellness Journal](#) - Available to Purchase
- [Bloom Wellness Workbook](#)

Laura's House

- [Teen Resources](#) – Are You in a Healthy Relationship Quiz

OC Health Care Agency

- [40 Developmental Assets List \(Ages 12-18\)](#)
- [40 Developmental Assets for Youth](#)
- [40 Developmental Assets Jenga Activity](#)
- [What Can You Teach \(Activity\)](#)
- [Relationships First Guide](#)
- [Identity Wheel](#)

One Love Foundation

- 10 Signs of Healthy Relationship & 10 Signs of Unhealthy Relationships:
 - [10 Signs of a Healthy and Unhealthy Relationship](#)
 - [10 Signs Friendship Version](#)
 - [Unhealthy Relationships Digital Version](#)
- [Student Leadership Opportunities](#)

Skills IRL

- [Conflict Resolution!](#)