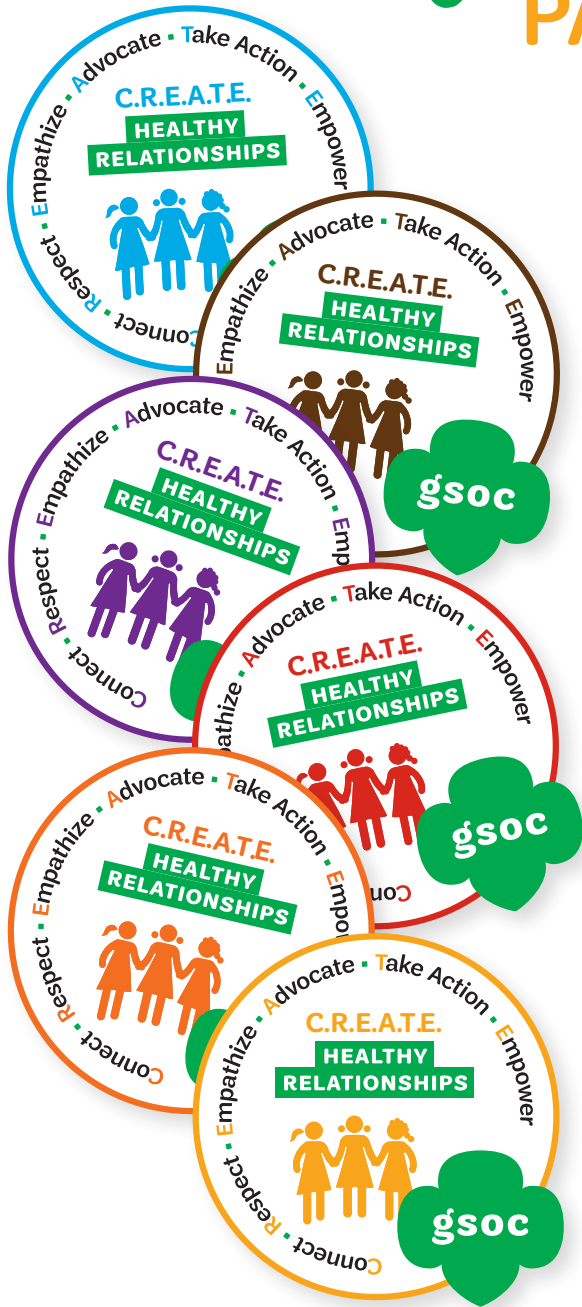


# Healthy Relationships PATCH PROGRAM

for all O.C. Girl Scouts



The NEW Healthy Relationships Patch Program will help girls at every level, Girl Scout Daisy to Girl Scout Ambassador, to **DISCOVER** what they value in healthy relationships, **CONNECT** through Girl Scouts activities, and **TAKE ACTION** to practice valuable life skills needed to C.R.E.A.T.E. healthy relationships!

## GIRLS WILL:

- C**onnect with others - practice communication and form strong connections with family, friends, and their communities.
- R**espect themselves and others - give and get respect as they try new things in an all-girl, girl-led and girl friendly environment that allows them to practice their skills, explore their potential, take on leadership positions, and just be themselves.
- E**mpathize with others - communicate their feelings, seek to understand and have compassion for others, and resolve conflicts constructively.
- A**dvocate for themselves and others - develop the courage and confidence to stand up for what they believe in - to advocate for themselves, locally and globally - and encourage and inspire others to do the same.
- T**ake Action and become responsible, productive, caring, and engaged citizens - to contribute to the world in purposeful and meaningful ways, learn how to identify issues they care about, create plans to solve community problems, and educate and inspire others to act.
- E**mpower themselves and others - to make the world a better place and unleash their inner G.I.R.L. (Go-Getter, Risk Taker, Innovator, Leader)™!

Learn more and download patch program guides at [girlscoutsoc.org/program](https://girlscoutsoc.org/program)

**DID YOU KNOW?** Forming and maintaining healthy relationships is one of the 5 ways Girl Scouts is proven to help girls thrive. Learn more at [girlscouts.org/research](https://girlscouts.org/research).

*This patch program was created with input from GSOC program providers. Thank you to Birds and Bees Connection, Dreams of America, Human Options, Laura's House, and Dr. Amy Stark for supporting the development of the GSOC Healthy Relationships Patch Program.*

girl scouts  
of orange county