



# HIGHEST AWARDS YEARBOOK

**Recognizing Orange County 2019 Highest Awards Girl Scouts:  
Bronze Award Girl Scouts, Silver Award Girl Scouts, and Gold Award Girl Scouts**  
*Earned between  
October 2018 - September 2019*



## Girl Scouts' Highest Awards



Bronze. Silver. Gold. These represent the highest awards a Girl Scout can earn.

Every Girl Scout goes above and beyond to make a difference in her community and the greater world. And the skills and experiences she gains along the way set her up for special recognition through the Bronze, Silver, and Gold Awards.

By taking action with others to improve their communities, Girl Scout Juniors (grades 4-5) gain important leadership skills and learn that even seemingly small actions can make a big impact.

Girl Scout Cadettes (grades 6-8) flex their leadership muscles by doing research and taking action on issues of their choice. Through their commitment to their communities, girls gain confidence and skills that will catapult them to Gold Award success—all while creating positive change.

The Girl Scout Gold Award is the mark of the truly remarkable—and it's only available through Girl Scouts! To earn this unique award, Girl Scout Seniors (grades 9-10) and Girl Scout Ambassadors (grades 11-12) don't just change the world for the better, they change it *for good* by tackling issues dear to their hearts while driving lasting change in their communities and beyond.







## The Girl Scout Gold Award

Gold Award Girl Scouts don't just change the world for the better, they change it for good. The Gold Award is the highest award that can be earned by Girl Scout Seniors and Ambassadors, girls in grades 9-12, who demonstrate extraordinary leadership in developing sustainable solutions to local, national, and global challenges. Since 1916, Girl Scouts have answered the call to drive lasting, impactful change in their communities and beyond. The Gold Award is the mark of the truly remarkable.

Think of the Gold Award as a key that can open doors to scholarships, preferred admission tracks for college, and amazing career opportunities. Gold Award Girl Scouts are community problem solvers who team up with others to create meaningful change through sustainable and measurable "Take Action" projects they design to make the world a better place. A Gold Award Girl Scout's achievements prime her for the fast track when it comes to college admissions, and make her an outstanding candidate for academic scholarships and other financial awards.

Girl Scouts who earn the Gold Award distinguish themselves in the college admissions process, earn scholarships from a growing number of colleges and universities across the country, and immediately rise one rank in any branch of the U.S. military. Many have practiced the leadership skills they need to "go gold" by earning the Girl Scout Silver Award, the highest award for Girl Scout Cadettes in grade 6-8, and the Girl Scout Bronze Award, the highest award for Girl Scout Juniors in grades 4-5. In addition, Gold Award Girl Scouts have the opportunity to apply for academic scholarships and recognition as a [National Gold Award Girl Scout](#), an honor given by Girl Scouts of the USA to 10 Gold Award Girl Scouts annually.

The Girl Scout Gold Award Family includes more than 3,000 young women from Orange County. This year, Girl Scouts of Orange County recognizes **105 Gold Award Girl Scouts**.

Gold Award Girl Scouts join a sisterhood of amazing women – the Gold Award Girl Scout Family – who have made a difference locally and globally. Girl Scouts of Orange County salutes these dedicated and determined young women for making the world a better place through completion of the steps to "go gold" and demonstrating their courage, confidence, and character by leaving a lasting mark on society, and changing the world for the better, and for good!



**2018-2019 Gold Award Girl Scouts** at the annual Girl Scouts of Orange County Recognition Event held at the Disneyland Hotel in June 2019: *(back row; left to right)* Brenna Dillon, Ashley Busell, Jillian Powell, Helen Dang, Dimitra Doiphode, Natalia Pilla, Genyss Duncan, Tran Nguyen, Kimberly Do, Sofia Votava, Bailey Gallagher *(third row; left to right)* Bao Tran Nguyen, Michelle Truong, Olivia Rizzuto, Audrey Mai, Isabella Madrigal, Monica Zmudzinski, Larissa Skelton, Katie Brubaker, Andrea Chen, Katherine Waide, Uyen Nhu Natalie Vo Pham, Rosa Le *(second row; left to right)* Khira Mistry, Catherine Petersen, Isabella Tejeda, Sarah Ando, Katie Recker, Rebeca Oropeza, Amber Zeng, Megan Loh, Taylor Ichikawa, Emma Mabry, Sydney Mangus *(front row, left to right)* Gabrielle Vera, Colette Grob, Julia Thomas, Anmol Kaur, Alyssa Secrest, Taylor Fuchs, and Mackenzie Biarbe



**THANK YOU** to all the parents, Troop Leaders, Troop/Group Volunteers, and Project Advisors for your guidance to help Girl Scouts build girls of courage, confidence and character who make the world a better place.





# Girl Scouts of Orange County 2019 Gold Award Girl Scouts



Sasha Anand  
Alexandra Barikhan  
Emily Beck  
Mackenzie Biarbe  
Kira Bui  
Ashley Bussell  
Skyeler Byrnes  
Hannah Carter  
Blythe Case-Krowel  
Kayleigh Cassidy  
Andrea Chen  
Lauren Chu  
Chelsea Chung  
Malia Cortez  
Nikki Courtney  
Brenna Dillon  
Ashley Do  
Kahlen Do  
Kimberly Do  
Noelle Duffey  
Genyss Duncan  
Lauren Dyke  
Danielle Eby  
Elizabeth Fessler  
Taylor Fuchs  
Bailey Gallagher  
Amelia Garrard  
Gisell Gochman  
Kaitlin Grabiec  
Chloe Green  
Colette Grob  
Chase Guerrero  
Katerina Hanks  
Mandy Haynes  
Tiffany Hoang  
Brooklyn Hollander  
Taylor Ichikawa

Anjolie Jang  
Michelle Jarrett  
Anmol Kaur  
Eloise Komara  
Madeleine Kopf  
Megan Kosai  
Supriya Kotnani  
Mariana Kramer de Luna  
Rachel Kupfer-Weinstein  
Kathryn Langley  
Megan Loh  
Emma Mabry  
Isabella Madrigal  
Audrey Mai  
Caroline Mendoza  
Khira Mistry  
Faith Ngo  
Anh-Tho Nguyen  
Ashley Nguyen  
Bao Tran Nguyen  
Michelle Nguyen  
Nicole Nguyen  
Serena Nguyen  
Kirsten Okamoto  
Emmersen Orozco  
Kate Palino  
Tejal Patel  
Catherine Petersen  
Audrey Pham  
Uyen Nhu Natalie Vo Pham  
Kaelyn Pieter  
Natalia Pilla  
Allison Potter  
Jillian Powell  
Jillian Reichert  
Erin Reilly  
Colleen Ritchey

Michaela Sampson  
Alyssa Secrest  
Riya Sidgal  
Claire Smithers  
Shelby Tarnow  
Isabella Tejada  
Julia Thomas  
Chloe Tilton  
Michelle To  
Alexis Ton  
Krystelle Tran  
Mimi Tran  
Sheila Tran  
Venice Tran  
Tia Trinh  
Julia Truong  
Michelle Truong  
Kacy Tubbs  
Neha Upadhyaya  
Taryn Uyematsu  
Gabrielle Vera  
Sam Vi-Tang  
Anh Voong  
Sofia Votava  
Katherine Waide  
Elise Webber  
Kirsten Wong  
Rachel Wong  
Jillian Woo  
Kelly Yam  
Amber Zeng

\*2018-2019 Girl Scout  
membership year



## **Hands-On Math!**

*STEM: Math*

*Partnered with: IUSD and the Boys and Girls Club of Santa Ana*

### **Sasha Anand**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout  
Mid South Region: North Irvine Service Unit, Troop 473  
Northwood High School, Class of 2020  
Future Aspiration/Career Goal: Doctor

Sasha noticed that her high school student body lacked interest in mathematics. Due to her love for the subject, she created nearly four dozen, standards-based math crafts and activities to implement in the classroom. She chose to partner with the Irvine Unified School District and the Boys and Girls Club of Santa Ana to carry out a total of eight math enrichment sessions with her volunteer team and share resources to engage students. Sasha inspired nearly all 60 of her students to enjoy math and understand its real-world applications.

*"Through mobilizing volunteer teams and communicating with officials from various organizations, I have gained confidence in my ability to affect positive change in the community. Earning the Girl Scout Gold Award has given me invaluable interpersonal skills which I can take into the future to achieve my goals. I plan to expand the reach of my math program and inspire the next generation of mathematicians."*



## **Introduction to Tennis for Teens and a New Shade Sail**

*Sports: Underprivileged Kids*

*Partnered with: First Serve Tennis*

### **Alexandra Barikhan**

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout  
Mid South Region: Lake Forest Service Unit, Troop 1832  
El Toro High School, Class of 2019  
Future Aspiration/Career Goal: Irvine Valley College (Business)/Mortgage Banker

Alexandra organized and hosted several free training tennis lessons for children and teens at McFadden Intermediate School in Santa Ana, CA. She also planned a family fun day which supplied the kids with all equipment needed to play the sport of tennis. Through donations she collected for First Serve Tennis, the organization has new equipment and funding necessary to continue for many years to come. In addition, Alexandra's love of the sport, motivated her to sell many boxes of Girl Scout cookies to pay for a new shade sail structure for her school, El Toro High School.

*"It's exciting to see my visions come to life! I learned how to be charming and persuasive on the phone to request donations for my kids in need. I also learned how to be persistent in regards to all the meetings with various people in the school district to get my shade sail approved. Persuasiveness and persistence really do pay off!"*



## **A Read-son to Read**

*Education: Literacy*

*Partnered with: Boys and Girls Club of America (Brea)*

### **Emily Beck**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
Northeast Region: Yorba Linda West Service Unit, Troop 1175  
Valencia High School, Class of 2020  
Future Aspiration/Career Goal: College (Computer Science)

Emily has always been a bookworm and channeled her passion for reading into her Gold Award to address the issue of literacy regarding youth. Her research intrigued her as she discovered that only 48.56% of students in California passed the 2017 Language Arts California Standardized Test. Thus, Emily created active engagement and encouragement in her community towards the subject of reading by creating a book club at her high school and an after school and summer reading program at her local Boys and Girls Club, focusing on reading skills and reading comprehension, creative writing activities, and critical thinking.

*"The opportunity to focus my Girl Scout Gold Award on an issue that I am so passionate about is truly the highlight of my time as a Girl Scout. Managing and sustaining a project on my own taught me leadership and tenacity. I am so grateful to have made an impact on my community, and through this experience of working with youth on literacy and empathy skills, I learned how to communicate and inspire."*



## **Pillows for Pink**

*Health: Diseases*

*Partnered with: Breast Cancer Angels*

### **Mackenzie Biarbe**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout

South County Region: Rancho Trabuco Service Unit, Troop 2025

Tesoro High School, Class of 2020

Future Aspiration/Career Goal: California State University, Fullerton/Elementary School Teacher

Mackenzie created and distributed Pillows for Pink heart-shaped pillows to bring comfort and support while wearing a seatbelt to women living with breast cancer. To tackle this project, she developed a project plan including a timeline and budget, identified key individuals who could advise her, and assembled a team to implement her project. Mackenzie distributed her Pillows for Pink to Breast Cancer Angels patients and three area hospitals to bring comfort and make life easier for women living with breast cancer.



***"As I worked with volunteers to address the issue of providing comfort for women while wearing a seatbelt following breast cancer surgery, I learned valuable leadership and organizational skills. Earning my Girl Scout Gold Award showed me that I can accomplish any goal I set my mind to and empower others to get involved."***

## **Reading Camp**

*Children's Issues: Mentoring*

*Partnered with: Westminster Teacher's Association*

### **Kira Bui**

Grade 11 Girl Scout Ambassador, 8 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 963 Lien Doan Quang Trung Noc Hoi

Los Alamitos High School, Class of 2021

Career Goal: Marketing

Kira saw an issue in her community with young children ages ranging from kindergarten to 2nd graders unable to read. She thought that it is important for people to address the issues of struggling readers. Through her reading camp, Kira assessed students beforehand, to see what their needs were. Over the course of a week, she helped each student individually and made personal goals for each of them to reach. Each volunteer worked with an individual kid and was able to watch them improve over this reading camp. By the end, each student was able to reach their goals.



***"This project has shaped me into a strong leader. I believe that I have learned the true fundamentals of how to educate and teach others. During this project, I have directed many people, taught volunteers, and helped struggling students. In the future, I believe that I will be able to use these leadership skills that I learned throughout completing this project."***

## **Marco Forster Middle School Healthy Relationship Education Day**

*Healthy Relationships: Bullying*

*Partnered with: Laura's House*

### **Ashley Bussell**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

South County Region: Ladera Valley Service Unit, Troop 151

Tesoro High School, Class of 2019

Future Aspiration/Career Goal: University of Wisconsin, Madison

Ashley addressed the issue of unhealthy friendships and family relationships at a local middle school in need by educating the students to improve their overall knowledge of healthy relationships and raise awareness about the resources available, including the availability of school counselors. With rising cases of global unhealthy relationships leading to extreme relationship abuse, Ashley targeted these junior high students to implement healthy relationship education at this critical young age. She designed pre and post-tests to survey 1,078 students and calculated a 51.1% increase in healthy relationship education. Ashley's presentation will be implemented into the counselors' curriculum in future years.



***"After experiencing an unhealthy relationship myself, I became empowered to spread healthy relationship education in my community and teach others about self-respect and the value of your own happiness. My Girl Scout Gold Award taught me to persevere in the face of obstacles and to fight for your beliefs no matter how many times others try to silence you. I can, I will, and I DID make a difference."***



## **Ocean Awareness: Marine Debris**

*Environment and Sustainability: Pollution*

*Partnered with: 1Piece Each, Orange Lutheran High School, Huntington State Beach*

### **Skyeler Byrnes**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Northeast Region: Santiago Creek Service Unit, Troop 1535

Orange Lutheran High School, Class of 2019

Future Aspiration/Career Goal: Northern Arizona University

Skyeler created a lesson plan to teach students about a major global issue and to encourage them to make a change in their use of single-use plastic. The lesson plan will now be taught every year at her high school and the students will be required to participate in a beach clean-up. Skyeler chose this project because she has always loved the beach and when she learned about this issue wanted to take it into her own hands to spread the word. Not only is Marine Debris a global issue, but it starts right here in Orange County.

*"I was able to increase my knowledge of environmental concerns in the community around me and discover a field I am passionate about and a major I want to study in college. I was also able to expand my leadership skills and become a better communicator. Earning my Gold Award has taught me how to create an everlasting project and ways to reach out to those in my community and around the world."*



## **Shorecliffs Middle School Organics Recycling Demonstration Project**

*Environment and Sustainability: Pollution*

*Partnered with: City of San Clemente & Capistrano Unified School District*

### **Hannah Carter**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout

South Coast Region: San Clemente Service Unit, Troop 1510

San Clemente High School, Class of 2020

Future Aspiration/Career Goal: United States Naval Academy/Naval Officer

Capistrano Unified School District had a recycling problem: It wasn't separating organics from solid waste as required by California law. Hannah is passionate about recycling and it bothered her to see school trash going into landfills instead of recycling centers. She implemented a demonstration project for over 700 students at San Clemente Shorecliffs Middle School introducing recycling at the lunch tables, wrote a grant, shot a training video about organics and mixed recycling, and got student leaders to implement at the school. CUSD is looking at how to expand this project to other schools impacting 54,000 students.

*"I learned what looks like a really simple idea ("How about starting a recycling project at a school?") is not simple at all. I discovered adults get very excited when presented with an innovative idea coming from youth and are willing to change their minds. Earning my Girl Scout Gold Award was a great experience; my communication skills improved, and this will serve me well as a leader now and in the future."*



## **Tech-Check: Get in Check with Tech and Master Social Skills**

*Health: Mental Health*

*Partnered with: Gilbert Elementary School, Buena Park School District*

### **Blythe Case-Krowel**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout

North Central Region: Fullerton/La Habra Service Unit, Troop 101

Sunny Hills High School, Class of 2021

Future Aspiration/Career Goal: California State University, Fullerton/Lawyer

Blythe's research showed the overuse of technology is a global issue affecting children's and adults' ability to communicate, problem solve, and think critically in face-to-face interactions. She launched a Tech-Check Night program at a local elementary school and challenged participants to take a tech reduction pledge. Her fun filled events inspired families to enjoy board games, puzzles, crafts, and other technology-free activities. Both her participants and team of volunteers reduced their tech use. The school staff is excited to carry it on for years to come, continuing to educate on issues related to the overuse of technology.

*"Through this project, I have learned how to take accountability for my actions as a leader. I have realized the importance of teaching children healthy habits that can stay with them for a lifetime. In doing so, I have acquired better habits myself. I found joy in interacting with kids and their families while helping them understand the significance of taking time away from technology to spend time with loved ones."*



## **San Clemente High School Special Needs Garden**

*Disability: Disability and Special Needs Issues*

*Partnered with: San Clemente High School*

### **Kayleigh Cassidy**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout  
South Coast Region: San Clemente Service Unit, Troop 1510  
San Clemente High School, Class of 2022  
Future Aspiration/Career Goal: Scientist

Kayleigh created this science garden to address a need for the special needs class at her high school to have a wheelchair-accessible garden to use in their curriculum. She met with the special needs program director and her school's principal to plan the project, and worked alongside volunteers and business owners to implement it. This garden will now be used each year by the special needs class of twenty students at San Clemente High School, requiring little maintenance to continue. Other schools could create their own versions of the garden for a hands-on, comprehensive education for their special needs students.



*"Through working alongside volunteers, special needs students, and business owners in the community, I learned valuable people skills along with better planning and communication in general. By earning my Girl Scout Gold Award, I was able to become a stronger leader, and I learned how to make something that long outlasts my involvement and will have a genuine positive impact on the community."*

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## **Save the Bluebirds**

*Environment and Sustainability: Preserving Outdoor Spaces*

*Partnered with: Ruby Drive Elementary School*

### **Andrea Chen**

Grade 11 Girl Scout Ambassador, 8 years as a Girl Scout  
Northeast Region: Placentia Service Unit, Troop 1454  
Valencia High School, Class of 2021  
Future Aspiration/Career Goal: Biochemistry

Andrea helped monitor Western Bluebird nestboxes within her community and established a Bluebird Bonanza program at her local library that informed patrons of this declining species. She wanted to encourage members of her community to become more aware of environmental protection and conservation. To tackle this project, she developed a project plan including a timeline and budget and identified some key individuals who could advise her, including students, librarians, woodworkers, and a Western Bluebird expert. Andrea worked to inspire and teach her community to take action to help save Western Bluebirds.



*"As I worked daily with volunteers and students to address the issue of the declining population of Western Bluebirds in my community, I learned many valuable leadership skills and the meaning of project sustainability. Earning my Gold Award showed me that I have the ability to identify global and community issues and I have the capability to inspire others to get involved and help change the world."*

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## **STEM from the Beginning**

*STEM: Science*

*Partnered with: Excelsior Elementary School*

### **Lauren Chu**

Grade 11 Girl Scout Ambassador, 6 years as a Girl Scout  
Mid South Region: Heart of Irvine Service Unit, Troop 1809 Lien Doan Huong Viet  
Arnold O. Beckman High School, Class of 2020  
Future Aspiration/Career Goal: Medical Doctor

Lauren created the "Collaboratory" science lab to provide a space for students to practice science and engineering. With this lab, Lauren taught several STEM lessons, including the science of ice cream and how to build catapults. These hands-on lessons were aimed at inspiring elementary students toward a future in STEM by showing them that science can be fun. To further involve parents in implementing engaging science lessons at home, Lauren planned an after-school Science Night in which parents were invited to attend with their children. Lauren also created binders with organized lessons for teachers to continue using for future classes.



*"Working with young elementary children, I learned the power of being able to adapt quickly in stressful situations. When things did not go right, I had to find other ways to accomplish my goals. My Gold Award has shown me that anyone can become involved in their community so long as they are passionate about what they are working towards."*



## **Zen Club & Stress-less Week**

*Health: Mental Health*

*Partnered with: Corona Del Mar High School*

### **Chelsea Chung**

Grade 11 Girl Scout Ambassador, 7 years as a Girl Scout  
Central Region: Newport Harbor Service Unit, Troop 389  
Corona del Mar High School, Class of 2020

Being a sophomore in high school, I am living the teen stressed life. I personally experienced anxiety attacks. There are so many pressures and issues we have to deal with on a daily basis in 2017: social media, peer pressure, getting into the right college/university, family, health, classes/homework, body image, bullying and much more. I feel it is pertinent to find ways to help each other to be healthier teens in mind and body. CDMHS teens will learn tools to cope and recognize everyday stressors.

***"I am truly passionate about my issue and therefore was able to make an impact on my targeted audience. Activities and a self-help book was successful and informative. CDMHS teens gained valuable knowledge and tools that can be applied every day. I developed organization skills and leadership. I oversaw and developed stress-less events. This opportunity helped me grow in communication, directorship, public speaking, marketing, confidence and self-improvement. Mostly learn ways to make a difference."***



## **The Meaning Behind the Motions**

*Military/Veterans' Affairs: Veterans' Issues*

*Partnered with: City of Fountain Valley/Veterans of Foreign Wars*

### **Malia Cortez**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
North Central Region: Garden Valley Service Unit, Troop 458  
Mater Dei High School, Class of 2020

Malia created and distributed a Memorial Day booklet to about 2500 middle school students across the district to educate them about the significance of the holiday. Malia also organized and planned an annual Memorial Day event with the City of Fountain Valley and Veterans of Foreign Wars. To accomplish this, Malia collaborated with her team in creating a timeline, budget and plan to execute the Memorial Day event. Malia's booklet has been electronically distributed to the various schools so it can be used in the future. In addition, Malia's Memorial Day event plans/notes can be utilized for the future.

***"While working with the City of FV and the VFW in planning a Memorial Day event, I learned vast organizational and people skills. I also learned that creating an educational Memorial Day booklet for middle school students was quite rewarding. It was very inspirational to see how engaged the students were with my booklet. It excited me to know that my booklet and an annual Memorial Day event will sustain the significance of this holiday."***



## **Hit the Ground Running**

*Children's Issues: Mentoring*

*Partnered with: Sowers Middle School & Edison High School*

### **Nikki Courtney**

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout  
Central Coast Region: Surf City Service Unit, Juliette  
Edison High School, Class of 2019

Future Aspiration/Career Goal: Orange Coast College (Political Science)/Foreign Service Officer

Nikki created a dialogue for eighth-graders on how to acclimate into high school and be better prepared. She addressed the issue that eighth-graders are inadequately prepared for the academic and emotional pressures of high school. Nikki gave eighth-graders an initial experience with a high school administrator, department/program head, and sports coach, for ease and confidence when approaching these people and programs in high school. Nikki distributed a procedural guideline on what topics to discuss with the assistant principal of both schools and the "Vikings to Chargers" page on the middle school website with informational videos.

***"As I worked to address the issue of inadequate information about the transition into high school with eighth-graders in my community, I learned skills that will have a positive impact on myself and others for the rest of our lives. I learned that even when things seem impossible or wishy-washy, if you can keep your head up and push through obstacles, you can make a significant difference in others' lives."***



## **The Rocks of Courageous Kids (R.O.C.K.) Garden**

*Health: Mental Health*

*Partnered with: Nexus Children's Hospital*

### **Brenna Dillon**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1015 M.S.S. Aquila

Foothill High School, Class of 2019

Future Aspiration/Career Goal: California State University, Long Beach/Nursing

Brenna created the Rocks of Courageous Kids (R.O.C.K.) Garden at Nexus Children's Hospital to create a special tradition for discharged patients. This garden allows the patients to decorate and leave a rock in the garden to commemorate their courageous journey at the hospital. To tackle this project, she developed a project plan and got volunteers from Club S.H.O.C.K. at her high school to complete the building of this garden. Brenna also created a video and wrote an article that was shared with the sister Nexus Children's Hospital in Houston, Texas to spread this project beyond her community.



***"As I worked with volunteers to create this garden, I learned better communication skills and the importance of taking initiative and time management. Earning my Girl Scout Gold Award has taught me I am capable of more than I imagined and that I am able to make a difference beyond my community."***

## **ASL Learning and Deaf Culture**

*Disability: The Hearing Impaired*

*Partnered with: Santiago Canyon College*

### **Ashley Do**

Grade 10 Girl Scout Ambassador, 10 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 963 Lien Doan Quang Trung Ngoc Hoi

Canyon High School, Class of 2021

Future Aspiration/Career Goal: University of California, Davis/Forensic Engineer

Ashley's project addressed the issue of lack of awareness about the struggles of deaf people and the lack of knowledge about Deaf culture. Ashley taught preteens, teens, and other interested adults basic American Sign Language and Deaf culture, so if they ever met anyone deaf, they could at least introduce themselves in sign; bridging the gap between deaf and hearing people. By introducing basic ASL and information about deaf culture, Ashley wanted to interest her audience into pursuing further education in ASL and maybe even leading to pursuing a career.



***"As a shy person, this project has changed me. I learned that I can step out of my comfort zone; talking and interacting with people I do not know, planning events, and taking action. The Girl Scout Gold Award taught me what I could achieve and what heights I could reach if I really put my mind to it."***

## **Diabetes and Healthy Eating**

*Health: Nutrition*

*Partnered with: Children's Diabetes Foundation*

### **Kahlen Do**

Grade 10 Girl Scout Ambassador, 9 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 963 Lien Doan Quang Trung Ngoc Hoi

Fountain Valley High School, Class of 2021

Future Aspiration/Career Goal: University of California, Irvine/Physician's Assistant

Kahlen decided that she wanted to address the issue of obesity and diabetes in children. She felt strongly that it was important to tackle this issue, especially since the kids were growing more attached to their digital devices and not being active outside. Kahlen taught about how to lead a healthy life. She showed her audience how to have healthy eating habits and how to make the right choice of food they put into their bodies. She also explained to them the importance of being physically active on a regular basis. Kahlen traveled to three elementary schools in her community.



***"As I worked to complete my Gold Award, each and every obstacle brought a new opportunity for me to acquire new skill sets in leadership, innovation and responsibility, and they all have shaped me into who I am today. After completing my project. I feel that I have grown a lot as a leader as well as a person."***



## Fun Reading Day

Education: Literacy

Partnered with: Boys and Girls Club of Garden Grove

### Kimberly Do

Grade 12 Girl Scout Ambassador, 6 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 21004 Lien Doan Bach Dang Giang

Santiago High School, Class of 2019

Future Aspiration/Career Goal: Massachusetts College of Pharmacy and Health Science/Pharmacist

Kimberly created and distributed her "Fun Reading Day" event by addressing the low academic reading performances manifested in young students. Ranging from Kindergarten to 6th graders, her target audience was able to experience and develop positive speculations by exposing to a wide variety of books and activities that they never had seen before. Furthermore, her project brought an impact to not only to all Boys and Girls Clubs of Garden Grove and other facilities, but also to the link problem of the illiteracy world.

*"While earning my Girl Scout Gold Award, I am able to become a strong and organized individual. My passion for reading allowed me to gain access to my community resources and relationships with adults, while becoming a resourceful problem solver. Furthermore, I am fortunate to learn how to become independent, mindful, and patient. I can see myself using my leadership skills to advocate for myself and others, and feel empowered to make a difference in the world."*



## You Too Can Help Save the Monarch Butterflies

Environment and Sustainability: Preserving Outdoor Spaces

Partnered with: Saints Simon and Jude School

### Noelle Duffey

Grade 10 Girl Scout Ambassador, 11 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 378

Huntington Beach High School, Class of 2021

Future Aspiration/Career Goal: University of California, Irvine/Biomedical Engineer

After a family trip to Pismo Beach, Noelle learned about the drastic decline in Monarch Butterflies. She knew she could make a difference. With the help of her leader, teachers and butterfly experts, Noelle created a lesson plan. Noelle educated 2nd-4th grade students at Sts. Simon and Jude School about Monarch Butterflies and what each student could do to help. Students learned the importance of planting Milkweed and were provided with seeds and growing instructions. Noelle also designed and built an elevated butterfly garden for a local pediatric therapy group.

*"I hoped to make a difference with Monarch Butterflies. With education and planting milkweeds seeds, I was able to help make an impact. The students were eager at helping and being a part in the sustainability of the Monarchs. About myself, I had matured and understood how to be an active part of my community and the world. I am grateful to my family, friends and mentors who have assisted me with my project."*



## Beach Cleanup Club

Environment and Sustainability: Pollution

Partnered with: Save Our Beach

### Genyss Duncan

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout

North Central Region: Seal Beach Service Unit, Troop 1173

Los Alamitos High School, Class of 2020

Future Aspiration/Career Goal: Zoologist/Conservationist

Genyss created a beach cleanup club to educate people about the impacts of oceanic debris. The club held four educational outreaches throughout the year: at the Seal Beach pier, Rossmoor and McGaugh Elementary Schools, Oak Middle School, and on YouTube in the form of a PSA video. Genyss was advised by board members of Save Our Beach, a local organization that holds monthly beach cleanups, in her efforts to educate an estimated 500+ people about the impact of oceanic trash. The club has continued under the leadership of Maddy Lopez, a younger club member.

*"I learned that asking for help is one of the most important ways to achieve your goals. Without the help of my club members, I could not have pulled off our four educational outreaches. I also discovered that sometimes you need to do unpleasant things, like picking up smelly, algae covered trash, in order to accomplish change. My concern for our oceans has only grown with my knowledge of the trash that enters our oceans."*



## Worlds of Books

Education: Literacy

Partnered with: Home for Refugees USA

### Lauren Dyke

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Mid South Region: Lake Forest Service Unit, Troop 1832

Laguna Hills High School, Class of 2019

Future Aspiration/Career Goal: Archaeology/Professor

Lauren's project came to be because she has been learning Spanish since kindergarten and, consequently, understands the challenges that came with learning a new language and how that can impact every aspect of a person's life. She partnered with Home for Refugees USA, a nonprofit that works to connect families with resources for refugees, to create a literacy program that could impact the entire family that was working with Home for Refugees. The 6-month literacy program, known as Worlds of Books, is tailored to each family's needs, and currently Worlds of Books is impacting almost 100 families through HFR.

***"I learned how much giving someone a helping hand can be appreciated. It's so ingrained in all of us to help others because it's 'our duty', and not because we want to. As I completed my Gold Award, however, I learned that helping others isn't a 'duty', it's a passion."***



## Operation It's Our Flag

Arts, Culture, and Heritage: Historic Preservation

Partnered with: VFW, American Legion, Memory Garden, City of Brea

### Danielle Eby

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout

Northwest Region: Brea Service Unit, Troop 2375

Brea-Olinda High School, Class of 2021

Future Aspiration/Career Goal: Fiction Writer

Danielle created a city-wide flag retirement program and also an educational program to teach people about proper flag protocols. To do this project she created a plan that included the VFW, American Legion, City Council, Memory Garden Memorial Park & Mortuary, and Boy Scout Troop 707. Danielle and her team created educational flyers, poster boards, and also built and painted 6 drop boxes for flags designated for retirement. The team held public booths, taught elementary classrooms, and spoke at various adult meetings. Danielle has inspired hundreds to consider following flag code and being more aware of proper and improper actions.

***"As I worked with people of all ages to educate them about the proper protocols (history, folding, displaying, symbolism, etc.), I learned that it was fun to teach. I also learned that I needed to hone my people skills differently for small groups, kids, or larger audiences. Earning my Gold Award taught me how to do public speaking and also that young people can make a lasting impact."***



## Act Like You Live Here

Environment and Sustainability: Climate Change

Partnered with: Capistrano Unified School District

### Elizabeth Fessler

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

South County Region: Rancho Trabuco Service Unit, Troop 2025

Tesoro High School, Class of 2020

To address growing environmental issues, Elizabeth took action along with members of her high school Conservation Club. She aimed to educate and inspire environmental action among young people. To do so, she reached out to local middle schools to carry out a program for their science classes. With the help of club members, she created a lesson plan, presentation, and engaging activity for the students. She encouraged students to join the club when they begin high school. This program ran at three middle schools for 6th to 8th graders and will be continued annually by other Conservation Club members.

***"Teaching about climate change allowed me to take action against an issue I care deeply about, while educating others and myself in the process. By running my program and managing a classroom, I became more skilled as a leader. I also gained confidence in carrying out large projects and organizing events."***





## **Skyview Exposure Program**

*Education Career Training*

*Partnered with: Skyview School and Orange County School of the Arts*

### **Taylor Fuchs**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
Northeast Region: Santiago Creek Service Unit, Troop 1535  
Villa Park High School, Class of 2019

Future Aspiration/Career Goal: Elmhurst College/Chief Financial Officer of a company

Taylor created a program for the students of Skyview School in Orange, CA to learn about dining and social etiquette in the classroom and a formal setting. Through lessons and activities she prepared, the students were able to learn skills they will use throughout their futures. The students then attended a Culinary Day at the Orange County School for the Arts (OCSA) and met with the director of culinary arts to learn the art behind the food. They also enjoyed a 4-course meal prepared by his staff and students.

***"I learned so much about myself and that I can handle anything, and nothing gets done without hard work. Working with the students, I gained a passion for helping children, and I am so grateful to Girl Scouts for giving me the opportunity to help other kids in my community succeed."***



## **Fighting Fire with Fire**

*Animals: Animal Safety*

*Partnered with: Large Animal Rescue Team and California Retirement Management Account*

### **Bailey Gallagher**

Grade 11 Girl Scout Ambassador, 13 years as a Girl Scout  
Northeast Region: Orange Villa Service Unit, Troop 68  
Villa Park High School, Class of 2019

Future Aspiration/Career Goal: Colorado State University, Fort Collins/Equine Veterinarian

Bailey's inspiration came from Canyon Fire 2 on October 9, 2017, where she found that the largest issue was not in the evacuation, but in location of the animals. She came up with a collar in which the animal owners put any important information on them and are meant to allow quick location of their animal. As she talked to the people of Norco and Orange Park Acres, she soon realized that this seemingly local issue quickly became a global one. As Bailey continues onto college, organizations such as LART and CARMA promise to sustain her brochures and collars.

***"As I began, I felt powerless to push past the nightmares that haunted my dreams, but I was able to not only learn how to overcome my PTSD, but I found the inner strength that not only I but all girls everywhere hold within themselves. I now know I won't allow my fears to hold me back from making a change in this world."***



## **Making Marina Filled with LOVE**

*Healthy Relationships: Bullying*

*Partnered with: Agency*

### **Amelia Garrard**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
Central Coast Region: Huntington Harbor Service Unit, Troop 772  
Marina High School, Class of 2019

Future Aspiration/Career Goal: University of Oregon/Firefighter

I chose this project because I wanted to help students at my school feel more included. Throughout High School, I noticed that a lot of students felt isolated and excluded. With the Good Vibes Club, I hoped to reach these students and make them feel more included. After many club meetings, I was able to reach about 150 people because of the activities such as planning Positivity Week and creating kindness cards to hand out to students at school. My club will continue after I graduate, and Positivity Week is now an annual event at Marina High School.

***"Through the Good Vibes Club, I was able to connect and unite the students at Marina High School. I learned that turning an idea into a reality takes a lot of hard work and preparation, but the end result makes it all worthwhile. Completing my Girl Scout Gold Award showed me that small acts of kindness can make a positive difference in someone's life."***



## Self Defense Class for Girls

Children's Issues: Child Abuse

Partnered with: Mesa View Elementary School

### Gisell Gochman

Grade 10 Girl Scout Ambassador, 11 years as a Girl Scout

Central Coast Region: Huntington Harbor Service Unit, Troop 2042

Huntington Beach High School, Class of 2021

Future Aspiration/Career Goal: University of California, San Diego/Pathologist

Gisell chose this project because she felt that many kids are unaware of how to protect themselves, so she wanted to help kids that were from her middle school. The target audience was girls ages 11-14. The global issue is kidnapping and school shootings, and she was able to help 20 girls learn how to help themselves if they are being choked, signs of suspicious people, and where to go. For her project she utilized Krav Maga a self-defense center and they will use her project as an example when they teach other kids in the future.



***"I learned that even though there may be obstacles if you have a goal in mind then you can achieve it. I learned that I need to be confident and trustworthy when running a big project. I need to be organized to make sure I am reliable and people will be able to trust me with money or watching over their child. This makes me want to help manage events."***

## You Are Not Alone

Health: Global Health

Partnered with: YANA Cancer Comfort

### Kaitlin Grabiec

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Mid South Region: Lake Forest Service Unit, Troop 1763

Trabuco Hills High School, Class of 2019

Future Aspiration/Career Goal: California Polytechnic University, San Luis Obispo (Civil Engineering)

Kaitlin believes teens hold the potential to expand their perspective to serving the lives of others before themselves. She enabled teenagers to find confidence as service leaders through creating warm blankets for cancer patients undergoing chemotherapy and radiation therapy. These treatment rooms are often kept at cool temperatures to provide a sterile environment, however, those conditions can leave patients feeling cold, fearful, and without hope. These blankets remain on the laps of cancer patients for years. Even in their lowest times, the blankets remind patients that someone is always supporting and cheering them on in their fight against cancer.



***"I no longer believe that my age will restrict the impact I have on the lives of others. I was able to make a mark on my high school and establish a club where teenagers with loved ones facing cancer don't have to endure it alone. I found a passion for providing a support system for not only cancer patients, but also those who feel that they're enduring each of life's challenges on their own."***

## "EQ 2 U": a teen to teen training on improving your Emotional Intelligence

Health: Mental Health

Partnered with: Tesoro High School Counseling Department

### Chloe Green

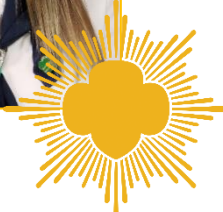
Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

South County Region: Mission Viejo Service Unit, Troop 151

Tesoro High School, Class of 2019

Future Aspiration/Career Goal: San Diego State University (Psychology)/Criminal Psychologist

Chloe created and presented her EQ 2 U Workshop to help teenagers become more emotionally intelligent, which includes self-awareness, managing emotions, and strengthening social and relationship skills. To create her workshop, she designed a project plan featuring a timeline, and established who could advise her and help her, including high school counselors, a therapist, and a professional workshop builder. Chloe gave her workshop to Tesoro High School counselors, who will present it to help students understand the importance of Emotional Intelligence and how to strengthen theirs personally.



***"As I created my workshop to help promote Emotional Intelligence, I learned how to face one of my biggest fears, which is exactly what a leader does. At first, I was terrified of the idea of presenting in front of my peers, but as the weeks progressed, I became more confident and comfortable in front of a crowd. My Girl Scout Gold Award has shown me that I can solve issues and positively influence others."***



## **College Drinking Culture 101**

*Health: Drug Abuse*

*Partnered with: California State University Fullerton, Title IX Department*

### **Colette Grob**

Grade 11 Girl Scout Ambassador, 13 years as a Girl Scout  
Northeast Region: Anaheim Hills Service Unit, Troop 1171  
Canyon High School, Class of 2019  
Future Aspiration/Career Goal: Film Sound Editing

Colette created Four Out of Five after seeing news stories about college student hazing deaths. Colette recruited a team of over 55 volunteers to write a script, plan a budget, create marketing materials, get actors, build a website, research reports, and work the event. Local high schools are not addressing the issues of binge drinking, drug abuse, fraternity hazing, and sexual assault that college freshman might experience when being away from home for the first time. Colette has created a how-to instruction manual for the Assistance League who is licensing Colette's project so that they can distribute it nationwide.

*"As I worked with my volunteers, I developed and learned to be proactive and diligent in following the progress of my project. Most importantly, I found that by being organized, creative, and persistent, I was able to keep track of all of the moving parts of my project. Earning my Girl Scout Gold Award has taught me to take action and find solutions to the problems I see around me because I CAN change the world."*



## **Finding Homes for Rescues**

*Education: Literacy*

*Partnered with: Wags and Westminster Boys and Girls Club*

### **Chase Guerrero**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
Central Coast Region: Surf City Service Unit, Troop 826  
Huntington Beach High School, Class of 2020  
Future Aspiration/Career Goal: University of California, Davis (Biology)/Veterinarian

Chase had chosen to create a program that combated childhood literacy and increase adoption rates at animal shelters. By bringing a local boys and girls club to Wags adoption agency on Wednesdays for two hours, the kids were able to take time they possibly would not have otherwise, to read to animals that are there for them and them only. She chose to do this project because she aspires to be a veterinarian, and she wanted to combine her passions with helping her community, and the specific adoption agency she chose wanted to start a reading program, so she did.

*"I got to experience what it was like to work with children and help them grow academically. At the same time I got to mix helping my community with my passion of caring for animals and in that way I was able to bring a little adoration for several animals and the kids were able to read to someone that had no expectation for excellence. I learned what small connection can do to someone's confidence."*



## **Seeds for Seniors**

*Elderly Issues: Senior Centers*

*Partnered with: Rancho Senior Center*

### **Katerina Hanks**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Mid South Region: North Irvine Service Unit, Troop 473  
Northwood High School, Class of 2019  
Future Aspiration/Career Goal: Art Director/Designer

Katerina created an annual program to help local seniors reap the mental, physical, and environmental benefits of gardening. To do this, she founded a club at her high school to mobilize students, co-taught interactive gardening courses at Rancho Senior Center with the O.C. Master Gardeners program, and built planter boxes for the seniors to take home. The classes taught seniors to grow their own food, allowed students and seniors to connect on a personal level, and introduced both groups to sustainable food practices. Providing the community easy access to gardening was valued by both the seniors and the students.

*"Coordinating and communicating effectively with different groups of people took patience and persistence, and I had to rework the project many times, but I learned hard work is worth it when you truly believe in what you're doing. My Girl Scout Gold Award taught me I am capable of staying motivated for a cause that I love."*



## Mini Mock Trial Program

Civic Engagement: Politics

Partnered with: El Dorado High School

### Mandy Haynes

Grade 11 Girl Scout Ambassador, 11 years as a Girl Scout

Northeast Region: Placentia Service Unit, Troop 1010

El Dorado High School, Class of 2020

Future Aspiration/Career Goal: Belmont University/Entertainment Lawyer

Mandy took her skills in high school and used them to effectively help young impressionable students as they start off their high school and middle school careers. Mandy has a heart for young children and she loves to help encourage them to use public speaking as a way to gain self-confidence. Mandy worked to instill an early sense of justice and civic duty in 6th graders in the PYLUSD district. She worked with El Dorado High School and elementary schools to ensure her project will be shared annually.



***"Throughout the course of this project I have been able to learn about perseverance, communication, and how to create an easy to use curriculum. I was able to take an area I enjoy and excel at in high school and use it to help the younger generation as they gain skills that will ultimately help them as they go forward in not only their education but their professional careers as well."***

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## Oral Health Awareness

Health: Hygiene

Partnered with: Boys and Girls Club of Anaheim

### Tiffany Hoang

Grade 10 Girl Scout Ambassador, 9 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1279 Lien Doan Chi Lang

Fountain Valley High School, Class of 2021

Tiffany wanted to raise awareness about the prevalence of poor dental health amongst the youth. With the help of Fountain Valley Leo Club, her dentist, and her orthodontist, Tiffany organized weekly workshops at two Boys and Girls Club locations. These workshops aimed to educate children about the importance and benefits of maintaining healthy teeth. Furthermore, she participated in a children's community fair to provide more children with a general dental understanding. Tiffany also created a website that is shared with more than a hundred families in order to reach others who may be interested in learning more about her project.



***"As I worked with young children as well as professionals in the dental field to address the issue of inadequate dental knowledge in my community, I gained time management and people skills. My Girl Scout Gold Award allowed me to see that I am capable of improving my community and able to motivate others to do the same. Moving forward, I will use these developed skills to strive in making the world a better place."***

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## Unity and Community

Civic Engagement: Community Development

Partnered with: Corona del Mar High School

### Brooklyn Hollander

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout

Central Region: Newport Harbor Service Unit, Troop 389

Corona del Mar High School, Class of 2020

I chose this project because I believe it is important for people to work together and form strong communities. I addressed this issue of clique-i-ness as well as the need for people to work together more. My target audience was teenagers. We connected to the world issue of people not communicating and there being a lack of community in the real world. Measurably we completed 3 speaker events and one week-long event in which we collaborated with other clubs on campus for each event. This project will continue through the Unity and Community Club set up at my school.



***"I learned that it is incredibly hard to communicate and work with people who don't necessarily have the same goals as you. I also developed communication skills through all the communicating required for this project to be successful. This project made me realize that people are even less unified than I had previously thought and it has made me want to work harder to create a strong community everywhere I go."***



## **How to Have Control Over Your Life**

*Health: Mental Health*

*Partnered with: Robert A. Millikan High School*

### **Taylor Ichikawa**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Northwest Region: Anaheim Service Unit, Troop 881 Wisteria

Robert A. Millikan High School, Class of 2019

Future Aspiration/Career Goal: University of California, Davis/Psychologist

Taylor created a club called the Keep Calm and Breathe Club at her high school to address the nationally growing problem of unusually high stress and anxiety rates in high school students, due to having experienced these issues herself. The goal of the club was to help the students identify what stressed them out (e.g. schoolwork, family, sports, extracurriculars) and help them find healthy ways to deal with it. Activities like yoga, aromatherapy, breathing exercises, and journaling were demonstrated as some of those ways. The club will be taken over by an underclassman to continue educating students.

***"Earning my Girl Scout Gold Award, I learned how to communicate with adults and helped develop my public speaking skills. Through my project, I also was able to help a multitude of people, which made me realize that I am capable of helping others. This project sparked my interest in psychology, leading me to choose it for my major."***



## **String Playing for Kids**

*Arts, Culture, and Heritage: Performing Arts*

*Partnered with: HIS House*

### **Anjolie Jang**

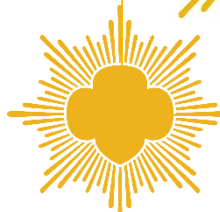
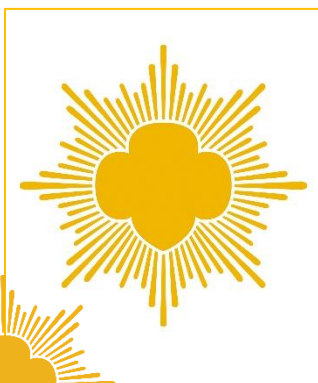
Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Northeast Region: Yorba Linda West Service Unit, Troop 1175

Yorba Linda High School, Class of 2020

Anjolie created a music program at HIS House to provide free music lessons for kids at the homeless shelter. In order to establish this program, Anjolie worked alongside her team consisting of her Girl Scout Troop, YLHS Music Club, and her advisor, the director of HIS House. The program taught 15 kids how to play the piano. HIS House expressed interest in continuing the music program, so one of the members of her troop, Sharon and YLHS Music Club will continue running the music program.

***"As I worked to create a successful music program at HIS House, I learned to become a better public speaker. This project also pushed me to have responsibility and better time management skills. Overall, earning my Girl Scout Gold Award helped me grow as a leader and showed me that I am capable of inspiring others to be involved in resolving identified community issues."***



## **Floral Angels**

*Health: Mental Health*

*Partnered with: St. Joseph Health*

### **Michelle Jarrett**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

South County Region: Ladera Valley Service Unit, Troop 1060

Tesoro High School, Class of 2019

Michelle started an ongoing volunteer program (the Floral Angel Program) to deliver recycled flower arrangements to improve the mental state of patients and provide a gateway for patient-volunteer interaction.



## ***There is no lie to this a(fib)***

*Health: Global Health*

*Partnered with: Mission Hospital and American Heart Association*

### **Anmol Kaur**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
South County Region: Oso Valley Service Unit, Troop 261 Tempest  
Capistrano Valley High School, Class of 2019  
Future Aspiration/Career Goal: Environmental Engineering

Anmol tackled the issue of incognizance on Atrial Fibrillation (AFib), a kind of heart arrhythmia, in her community. Her mom's E.R. visit to control the unexplained, rapid heartbeats led to the diagnosis of Afib and the detection of a clot in the heart. The timely treatment averted further complications, like stroke. Anmol worked with health professionals, attended support forums, collaborated with the local hospital's cardiology and stroke team, and hosted AFib Awareness events. She educated people of many age groups about AFib, its symptoms, treatment options, and the importance of how untreated AFib can possibly lead to stroke.



*"Through the Girl Scout Gold Award, I developed skills like collaborating with others, learning to be a good listener, problem solving, working towards set goals, all while making a difference in my community. I learned to articulate my thoughts using various mediums like emails, phone calls, and personal interaction which helped me to reach out to organizations and professionals to form a team. I'll continue to further use these skills in my future endeavors."*

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## ***Raising Awareness of Beach Safety for Kids***

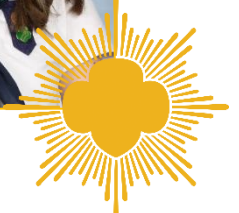
*Public Safety: Water Safety*

*Partnered with: Huntington Beach Lifeguards and Edison Yacht Club*

### **Eloise Komara**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
Central Coast Region: HB Pierside Service Unit, Troop 859 Odyssey  
Edison High School, Class of 2019  
Future Aspiration/Career Goal: Chapman University (Health Sciences)/Health Care

Eloise worked with the Huntington Beach Lifeguards and the Edison High School Yacht Club to raise awareness of beach safety among elementary school children. She chose this project because she has lived within Huntington Beach her whole life and wanted to help the local lifeguards to make sure the people visiting the beach are safe. The target audience was the elementary school kids within Huntington Beach. After Eloise's involvement with this project, the HB Lifeguards will continue to update, distribute, and promote community viewership of the video.



*"I learned that working with the community towards a common goal can be very rewarding. By connecting two groups together, I was able to complete a project that was able to benefit the community as a whole. Earning my Gold Award showed me that I can successfully lead a project to its completion, and have it positively impact many people."*

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## ***Healthy and Happy Kids***

*Health: Nutrition*

*Partnered with: The Boys and Girls Club*

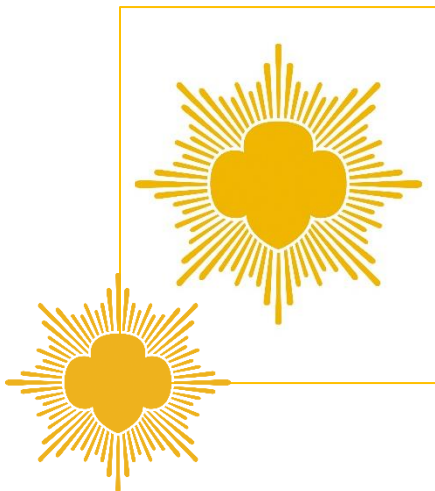
### **Madeleine Kopf**

Grade 11 Girl Scout Ambassador, 11 years as a Girl Scout  
South Coast Region: Aliso Viejo Service Unit, Troop 943  
Aliso Niguel High School, Class of 2020

Madeleine created and taught nutrition lessons and games to the children at the Boys and Girls Club to encourage them to implement healthy habits into their everyday lives. To complete her project successfully, she researched obstacles children face in relation to nutrition, as well as devising a project plan with a timeline and budget. Madeleine's project will be sustained by a club at her high school that will continue to lead and participate in the activities that have been created.



*"As I worked daily with the children and staff at the Boys and Girls Club to address the issues relating to childhood obesity and the lack of knowledge surrounding nutrition, I learned communication and the necessity of perseverance. Earning my Girl Scout Gold Award showed me that I am capable of beneficially affecting my community and encouraging others to support the greater good."*



## ***Sewing Butterflies***

*Children's Issues: Mentoring*

*Partnered with: JoAnn's Fabric and Crafts*

### **Megan Kosai**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Mid South Region: South Irvine Service Unit, Juliette

Woodbridge High School, Class of 2019

Held sewing seminars to teach basic sewing techniques to kids.



## ***HeartBeet for Healthy***

*Health: Nutrition*

*Partnered with: Amistad Medical Clinic*

### **Supriya Kotnani**

Grade 12 Girl Scout Ambassador, 5 years as a Girl Scout

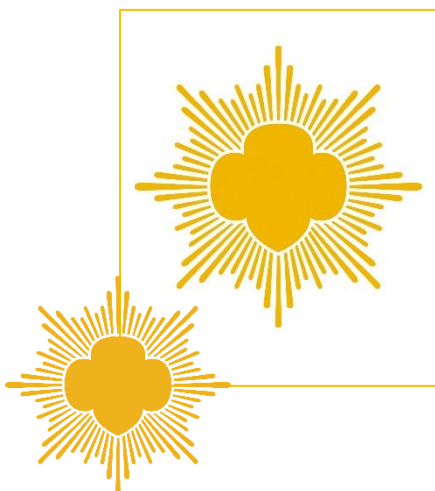
Central Region: Tustin East Service Unit, Troop 852

Arnold O. Beckman High School, Class of 2020

Future Aspiration/Career Goal: Medicine

After interning in the Amistad Medical Clinic for over a year, Supriya realized how the lack of health literacy was an issue in lower-income communities. To help subsidize this problem, she created "HeartBeet for Healthy," a non-profit-organization with monthly nutrition classes and recipes. This project takes place in the Amistad Medical Clinic and the Cherry Orchard facility. With over 80 participants and multiple testimonies of success, Supriya has demonstrated the impact she has made in these communities. HeartBeet for Healthy has an amazing team that will continue the project beyond her involvement.

*"As I worked monthly with people from the clinic and facility, I learned how to lead groups of people and keep my audience engaged. Changing people's mindsets about healthy eating helped me realize the power of words. The true passion to help others around me radiated, and I attracted even more people to my sessions. I brought communities together and helped people make a change in their lives."*



## ***To the Internet and Beyond***

*Healthy Relationships: Bullying*

*Partnered with: Long Beach Unified School District*

### **Mariana Kramer de Luna**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Northwest Region: Los Alamitos/Rossmoor Service Unit, Troop 215

Ernest McBride High School, Class of 2019

Future Aspiration/Career Goal: University of Southern California (Political Science and Gender Studies)/President of the United States

Mariana had personally seen the issues cyberbullying has on an individual and herself. She realized by helping a few students learn, those few students can start a movement for safe internet use. Mariana said that the use of the internet not only connects to the everyday person but connects to the national government. Everyday laws are passed through Congress to protect the American people from hackers and bugs within major internet sources. Although Mariana will be in college, she plans to keep in contact with the mentee she mentored during the test run of the program.

*"The Girl Scout Gold Award is not only an honor to receive, but is an example of the power a woman has in making social change. I know my project made a major impact on me, but now I can see the impact on others it has touched. It makes me proud to say I am a Girl Scout."*



## Reach for the Stars

Arts, Culture, and Heritage: Performing Arts  
Partnered with: Boys and Girls Club of Capistrano Valley

### Rachel Kupfer-Weinstein

Grade 12 Girl Scout Ambassador, 9 years as a Girl Scout  
South Coast Region: Niguel Coast Service Unit, Troop 56  
Dana Hills High School, Class of 2020  
Career Goal: Actress

Rachel worked with a team of her peers to create workshops focused in five different disciplines of art for middle school aged kids. She did this to help students flourish in their art as well as advocate for more art education in her community. At the end of the week of workshops, she held a showcase, in which key members of the community came and watched some of the students perform what they learned in the workshops. The thespian society at her school will take the program on as their yearly service project.

*"I learned, as a leader and a person, that respect is never guaranteed and that you must earn it if you hope to see it in your future. I have been put in the position many times throughout this project to learn that no matter how stressful, I am able to problem solve when things get difficult. I have realized that I enjoy impressing knowledge on people and helping to realize their passions!"*



## Healthy Eating is Easy!

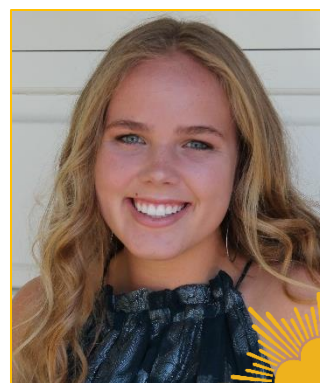
Health: Nutrition  
Partnered with: Multiple Organizations

### Kathryn Langley

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
Central Region: Newport Harbor Service Unit, Troop 227  
Corona del Mar High School, Class of 2019  
Future Aspiration/Career Goal: University of Texas at Austin (Environmental Engineering)/To help preserve the environment

While volunteering in underserved communities, Katie discovered a lack of educational tools, role models, and opportunities to learn about nutrition. In order to address this need, she created training and hands-on experiences to challenge the disturbing statistic that poor diet is a risk factor for early death. Katie developed creative tools such as playing games, holding competitions, and reading stories that reinforced healthy eating. Katie also held a taste testing and distributed recipes to encourage adults to make healthy changes daily. This work will continue to inspire people to make better nutritional choices and live healthier and happier lives.

*"I have always been passionate about healthy eating, and it has been so rewarding to earn my Gold Award while sharing the benefits of proper nutrition. It makes me proud that my work will be continued by several organizations. My confidence in my ability to make a difference in my community has increased, and I learned that I can have more influence in the world than I had ever thought before."*



## GEARup4Youth

STEM: Robotics  
Partnered with: National Center for Women and Information Technology, Boys/Girls Clubs

### Megan Loh

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout  
Northeast Region: Yorba Linda West Service Unit, Troop 867  
Troy High School, Class of 2020



Women's under-representation in technology is an international issue. Megan started the non-profit organization GEARup4Youth to address this disparity and bridge the gender gap. Megan created lesson plans, leading 160 volunteers from 25 schools to bring robotics education to under-resourced girls at eight Boys and Girls Clubs. In order to raise awareness of gender inequality in technology, Megan authored and published a children's book, partnered with 200+ organizations, traveled internationally to Malaysia, and hosted presentations, family events, expo stations, county and state fairs to personally educate girls. She has affected 6,500 girls so far.

*"Through my Girl Scout Gold Award, not only have I gained the friendship of volunteers who share my passion, but I've also captured the love of the girls I've taught. Teaching these girls has taught me that people of all different backgrounds, cultures, and languages can learn and thrive in their shared passion for technology. The joy of making a difference in others' lives has solidified my love of service!"*



2019 National  
Gold Award Girl Scout





## ***Hammers, Ladders, and STEM, oh my!***

*STEM: Engineering*

*Partnered with: National Association of Women in Construction*

### **Emma Mabry**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout  
Northeast Region: Yorba Linda East Service Unit, Juliette  
Esperanza High School, Class of 2019

Emma encouraged girls in middle school to learn about careers in STEM.



**2019 National  
Gold Award Girl Scout**

## ***Cultural Strengthening Through Native American Storytelling***

*Arts, Culture, and Heritage: Cultural Awareness*

*Partnered with: Dorothy Ramon Learning Center*

### **Isabella Madrigal**

Grade 11 Girl Scout Ambassador, 3 years as a Girl Scout  
South County Region: Rancho Trabuco Service Unit, Troop 1603  
Orange County School of the Arts, Class of 2020



Isabella addressed the lack of Native representation in the arts and revitalized native storytelling. She researched traditional Cahuilla stories, wrote a play regarding missing and murdered indigenous women and girls, and led workshops with tribal and mainstream participants, a majority of them, non-actors, and exposed them to the art of performance, culminating in a performance of the play, which Isabella directed and acted in, at the Dorothy Ramon Learning Center to an audience of one hundred. She plans to perform her play at three additional venues using funding she received from the Dragon Kim Foundation.

***"Girl Scouts has given me the opportunity to not only find my own voice, but allowed me to speak on behalf of the marginalized and overlooked missing and murdered indigenous women and girls. Leadership entails bringing to light complex, emotional, and intense issues, because if no one does anything nothing will change."***



## ***Grow Healthy, Get Healthy***

*Environment and Sustainability: Farming*

*Partnered with: Pacific Preschool & Kindergarten*

### **Audrey Mai**

Grade 11 Girl Scout Ambassador, 8 years as a Girl Scout  
South County Region: Oso Valley Service Unit, Juliette  
Tesoro High School, Class of 2020  
Future Aspiration/Career Goal: University of California, Irvine/Forensic Investigator

Audrey reached out to a local preschool to educate children and parents about the benefits of locally sourced foods, gardens, and eating healthy. By building a school garden and developing a curriculum, she provided the preschoolers with a hands-on learning experience with sustainable gardening and taught them healthy eating, plant growth and gardening, and recycling. For parents, Audrey sent out a letter, gave out a booklet of recipes they could make with their children, and showcased the garden at a school event; in addition, she recommended some nearby farmers' markets they could visit in lieu of a supermarket trip.

***"Most of all, my project showed me how vital planning can be. Working with different age groups taught me the importance of adapting leadership styles according to the group. Collaborating with my peer team, both in the garden and the classroom, showed me the value of cooperation and getting another perspective on a topic. Throughout my project, I improved my time management and problem solving, and found a sense of ambition to help and inspire."***



## Genocide Education Initiative

Arts, Culture, and Heritage: Cultural Awareness  
Partnered with: Los Angeles Museum of the Holocaust

### Caroline Mendoza

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
Northwest Region: Anaheim Service Unit, Troop 881 Wisteria  
Cerritos High School, Class of 2020

To address the lack of genocide education in schools, Caroline presented 7 in-class lessons at her school on past and present genocides, as well as, prevention methods for the future. In partnership with the LA Museum of the Holocaust, Caroline brought in a Holocaust survivor to speak during two assemblies at her school. Additionally, Caroline wrote a guide to the Holocaust Museum that details Eli Wiesel's book, "Night." To ensure sustainability, Caroline has picked six students that are being trained to deliver the same lessons for future years, impacting their community with knowledge of humanity's past atrocities.

*"As I listened to students' questions and ideas on genocide prevention, I gained valuable insight on the impact today's youth will have in future decisions whilst learning communication skills that will help me in delivering my thoughts and ideas. Earning the Girl Scout Gold Award has not only allowed me to build upon my interest of genocide studies but has taught me the importance of understanding humanity's past mistakes and the power I hold to impact others."*



## Kids to Kids

Poverty: Hunger  
Partnered with: Placentia-Yorba Linda Unified School District Nutrition Services

### Khira Mistry

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
Northeast Region: Yorba Linda West Service Unit, Troop 867  
Valencia High School, Class of 2019  
Future Aspiration/Career Goal: California State University, Fullerton (Political Science)/  
Lawyer/Politician

Khira created Kids2Kids in order to repurpose waste in her community. After seeing the massive amounts of food being wasted at elementary schools, she created a program which collected the extra food and donated it to local food pantries. She worked with the Nutrition Services department of her district to sustain and spread this project. Kids2Kids focuses on two community issues: food waste and food insecurity. It was important to spread the message of giving back to the community with young students, and she believes instilling good habits with young children now will carry into society as they mature.

*"Completing my Girl Scout Gold Award allowed me to discover the power I hold as a young woman. It pushed me to create my own idea, find a team, and execute it. It required leadership and communication skills to recruit the Nutrition Services department of my school district as part of my implementation team, and I became a role model to the students when showing them a solution to different issues in their academic community."*



## Fitness for the Youth

Health: Fitness  
Partnered with: Tamura Elementary School

### Faith Ngo

Grade 10 Girl Scout Ambassador, 6 years as a Girl Scout  
North Central Region: Garden Valley Service Unit, Troop 21004 Lien Doan Bach Dang Giang  
Oxford Academy, Class of 2021

Faith has always been an active and health conscious person, therefore, she is passionate about fitness and maintaining good health. Her target audience was elementary school students. Many students are usually more focused on video games and social media than going out to exercise, which leads to health concerns such as obesity and diabetes. By surveying all the students after the activities, she was able to see that 96% of the students found the activities very fun and would play them again. The teachers will continue her project using the binders that she compiled and share with other schools.

*"Some leadership skills that I developed were to take on more responsibilities, manage my time wisely, and make decisions. What I learned about myself was that I was capable of taking initiative and that I was able to overcome my shyness. By doing this project, I realized that I had the power to make a change and get involved with issues in my community."*





## **Amazing Math Club**

*STEM: Math*

*Partnered with: Knights for Knowledge*

### **Anh-Tho Nguyen**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
North Central Region: West Garden Service Unit, Juliette  
Foothill High School, Class of 2020  
Future Aspiration/Career Goal: Neurosurgeon

Anh-Tho taught her own math curriculum to inspire students to pursue careers related to the STEM field by encouraging them to enhance their critical thinking skills and preparing them for the American Math Competition. At her local middle school, she noticed that there was not a club to encourage students to challenge their math skills, so she created the first math club at the school. Creating her own presentations, Anh-Tho taught the students each week and tested their knowledge with assessments and games. After every week, the students were excited to learn and challenge their math knowledge.

*"When working with the middle school students, I realized how much I enjoyed teaching and inspiring students to love math as much as I do. It was exciting to see the students develop their passion for math because I saw my project make an impact on their lives. As my volunteers and I collaborated to teach the students, I was able to strengthen my communication and leadership skills while doing the thing that I loved."*



## **G.E.M. (Gender Equality Movement)**

*Human Rights: Girls' and Women's Rights*

*Partnered with: La Quinta High School*

Grade 11 Girl Scout Ambassador, 8 years as a Girl Scout  
North Central Region: Garden Valley Service Unit, Troop 21004 Lien Doan Bach Dang Giang  
La Quinta High School, Class of 2020  
Future Aspiration/Career Goal: San Diego State University/Nurse Practitioner

After dealing with self-confidence and facing gender inequity herself, Ashley organized an event that promotes gender equity and self-confidence for students at her high school. To approach this project she reached out to a psychologist to advise her and got the approval of her principal to carry out her project. Her event included a body image workshop led by Girls Inc. OC, a toxic masculinity workshop led by Dr. Clayton Chau and a women leader panel including a police officer, dentist, family doctor and a lawyer. The event's mission will be continued by the school's GEM Club.

*"As I worked with professionals in the community to help lead the workshops and activities for my event, I had to learn how to communicate with higher authority. I learned how to be respectful and aware of their busy schedule and learned how to compromise. I also learned how to lead others as I was working closely with the volunteers to carry out this project. From this I developed my people skills."*



## **STEM Family Night**

*STEM: Science*

*Partnered with: DeMille Elementary School*

### **Bao Tran Nguyen**

Grade 10 Girl Scout Ambassador, 6 years as a Girl Scout  
North Central Region: Garden Valley Service Unit, Troop 21004 Lien Doan Bach Dang Giang  
Fountain Valley High School, Class of 2020  
Future Aspiration/Career Goal: University of California, Irvine/Civil Engineer

Bao-Tran's project is addressing young children lacking the knowledge of Science, Technology, Engineering, and Math since schools don't have the time or the resources to do an event about these subjects. Her target audience are students and parents from DeMille Elementary School. The surveys indicated 80% of participants enjoy the hands-on activities and learned how Science and Technology affected their lives. DeMille Elementary School Principal will continue to carry out STEM family night annually. The principal will share her project with other elementary schools in Westminster School District. The students reported on the survey feeling inspired after attendance.

*"As the leader of my project, I learned to collaborate with others; developed strong communication skills while working with the school principal, staff, volunteers, and project advisors. I managed stress better by becoming more organized; completed project on time and made right decisions for the project. I saw the benefits of sharing STEM with others because I see how much fun the students enjoy learning."*



## Stigma-Free

Health: Mental Health

Partnered with: Mental Health Awareness Club at Segerstrom High School

### Michelle Nguyen

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout

North Central Region: West Garden Service Unit, Troop 3997 Liên Đoàn Chí Linh

Segerstrom High School, Class of 2019

Future Aspiration/Career Goal: University of California, San Diego (Cognitive and Behavioral Neurosciences)

Michelle created a Mental Health Matters week which allowed for students to break the stigma around mental health, to talk about it with teachers, and to learn more deeply about mental health. This week-long event was aided with the participation from organizations like NAMI, AFSP, LGBT Center OC, etc., who informed students of local resources they could contact for help if needed. Michelle and her team from Mental Health Awareness or MHA Club, organized for representatives from NAMI to give presentations to students and school staff about mental health and how to be more mentally aware.



*"Through this project, I developed a better ability to compromise in a team in the shared ambitions to help people. I learned that there are so many other people like me, who intensely care for mental health and do as much as they can to end the stigma, regardless of whether they have a mental health issue themselves or personally know someone who does."*

## The Test About Stress

Health: Mental Health

Partnered with: National Honors Society, Johnson Middle School

Helen Stacey Middle School

### Nicole Nguyen

Grade 10 Girl Scout Ambassador, 6 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 963 Lien Doan Quang Trung Noc Hoi

Huntington Beach High School, Class of 2021

Being a high school student who understands the pressure of balancing multiple activities, Nicole wanted to prepare middle school students for the stress they will experience in high school and the future. She hosted mini stress camps at two middle schools to teach students about stress and ways to deal with it. Nicole researched facts and had high school students take a survey in order to create pamphlets and a website that anyone can access. The website contains information on stress, photos from the camp, and tutorials of different methods to cope with stress. She distributed over one hundred pamphlets.



*"From contacting organizations and volunteers, I learned communication, decision making, and social skills. Through interacting with middle school students and hearing their feedback, I understood the importance of making a measurable, sustainable impact and how I can make an impression on those around me if I put my mind to it. My Gold Award inspired me to reach out to those who experience a lot of stress and analyze more dilemmas in my community."*

## Dance for Art Camp

Arts, Culture, and Heritage: Performing Arts

Partnered with: Willmore Elementary School

### Serena Nguyen

Grade 10 Girl Scout Ambassador, 10 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 963 Lien Doan Quang Trung Noc Hoi

Huntington Beach High School, Class of 2021

Future Aspiration/Career Goal: Business

Serena taught dance to children at Willmore Elementary for them to learn the benefits of being creative. She targeted children in low-income areas because she knew they have a lower chance of receiving a similar opportunity. Serena contacted many people to help her, including members of the National Honor Society at her school, as well as, a professionally-trained dancer. She was able to create a video and hand it to the principal of Willmore Elementary to distribute to other schools in the district.



*"As I worked weekly with volunteers to address the lack of performing arts in my community, I learned to take charge and make a difference. This journey has led me to develop into an open-minded initiator that will further go on to advocate for change in society. Completing my Girl Scout Gold Award has inspired me to further research about the problems our society may be facing as well as come up with impactful solutions."*



## Seal and Sea Lion Conservation and Rescue Project

*Environment and Sustainability: Pollution*

*Partnered with: Seal Beach Junior Lifeguards*

### Kirsten Okamoto

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Northwest Region: Los Alamitos Service Unit, Troop 572  
Sato Academy High School, Class of 2021  
Career Goal: Mechanical Engineer

Kirsten developed curriculum with information on seal and sea lion conservation and rescue because of the annual increase of mammal stranding due to warming oceans and growing pollution. Kirsten's lesson plan consisted of laminated spiral bound large flip books with graphics to train 177 Junior Lifeguards. Kirsten's project also created leadership opportunities to high school level Junior Lifeguards from the advanced group, Captain's Corps, who Kirsten trained to teach lessons alongside her. For sustainability, Kirsten made Captains Corps instruction manuals to teach future Junior Lifeguards. Also, Kirsten coordinated a collection drive for supplies needed by the Pacific Marine Mammal Center.

*"Throughout my Girl Scout Gold Award, I enhanced my leadership abilities to communicate, manage, influence, and inspire 177 Seal Beach Professional and Junior Lifeguards. Teaching them reinforced my belief that I, as one individual, can make a big impact on the community and showed me the importance of educating younger generations the significance of marine mammal conservation and rescue. This project has strengthened my passion, commitment, and vehemence at protecting the marine environment and its inhabitants."*



## A Rainbow of Fruits and Vegetables

*Health: Nutrition*

*Partnered with: Greenville Fundamental Elementary School and Key Club*

### Emmersen Orozco

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout  
Mid South Region: North Irvine Service Unit, Troop 473  
Northwood High School, Class of 2020  
Career Goal: Civil Engineer

Emmersen was inspired to start her Rainbow garden of Fruits and Vegetables project after her research showed her that students with healthy eating habits were more successful students. She actively involved the students in the creation of the garden so they gained hands on experience in sustainable practices. They loved trying the foods she taught them about and were thrilled to tell her about their new culinary adventures. She involved the Key Club at her school as her team, and they are going to continue to work with the elementary school to continue her program.

*"As I worked with volunteers my age, I was able to show them how to create easy to understand information PowerPoints and discussions. I learned that not only is it important to create an organized schedule, but be flexible when children show an interest in a certain area of nutrition. Earning the Girl Scout Gold Award showed that I can work with people of all ages."*



## Coastal Clean Up OC

*Environment and Sustainability: Pollution*

*Partnered with: Boys and Girls Clubs, LB Water District, PMMC*

### Kate Palino

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout  
South Coast Region: Laguna Beach Service Unit, Troop 145  
Laguna Beach High School, Class of 2019  
Future Aspiration/Career Goal: Chapman University (BA in Theatre, Technology)/Theatre and Film Production

Ocean ecosystems are important to Katie so her project focused on educating beachgoers regarding the health dangers and risks of swimming in areas where urban runoff is present especially after it rains and how to prevent storm drain ocean pollution. To spread awareness, Katie created the LBHS Coastal Clean Up OC club, hosted a beach cleanup, gave presentations and distributed educational booklets and rack cards in English and Spanish at Boys & Girls Clubs, SmartScape Expo, Farmers Market and to other community partners. She reached out to over 400 beachgoers and the Coastal Clean Up OC will continue sustainability.

*"This process has changed me for the better. I have experienced personal growth in the areas of flexibility, creativity, communication, the ability to delegate, take on a leadership role and advocate for myself and a very worthwhile cause. The most rewarding aspect of my project was connecting with younger students to inspire and educate them about protecting our oceans by preventing storm drain pollution. It was so rewarding listening to their ideas, questions and feedback."*



## Teens for Healthy Kids

Health: Global Health

Partnered with: Woodsboro Elementary School

### Tejal Patel

Grade 10 Girl Scout Ambassador, 10 years as a Girl Scout  
Northeast Region: Yorba Linda West Service Unit, Troop 2005  
Troy High School, Class of 2021  
Future Aspiration/Career Goal: Pediatrician

Disturbed by the rising epidemic of preventable health problems in pediatric populations, Tejal started a teen-led community-based organization in which teens inspire young children throughout Orange County to lead healthier lives. Tejal founded an organization to sponsor health related activities and education to elementary and middle school children at libraries, health fairs, community outreach, and churches. Through over 50 activities and games, teens inspire youth to implement healthy habits in nutrition, fitness, and hygiene. To date, Tejal has worked with over 100 teen volunteers and impacted over 1500 young children to take charge of their own health.



*"Time management, organization, and record keeping were crucial to earning my Girl Scout Gold Award. I learned invaluable life lessons. I needed enthusiasm and laughter to earn the trust of young kids. Being confident, asking for help, and admitting mistakes earned the respect of my peers and advisors. Most importantly, I found I had the ability to lead a successful sustainable project and have a true passion to promote healthy living to our youth."*

## Connecting Kids with Wildlife

Environment and Sustainability: Preserving Outdoor Spaces

Partnered with: Tucker Wildlife Sanctuary

### Catherine "Cate" Petersen

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
South County Region: Oso Valley Service Unit, Troop 528  
San Juan Hills High School, Class of 2019  
Future Aspiration/Career Goal: Oregon State University/Zoologist

Cate created two interactive exhibits for the Tucker Wildlife Sanctuary. The first exhibit ("Wildlife") was made with sustainable wood and includes 9 different compartments to help kids appreciate and inquire more about wildlife in Southern California. The other exhibit ("Eco-Trivia") includes a large board displaying differences between sustainable and less-sustainable products, and encourages kids to re-think items they use daily. The exhibits are created to educate kids and encourage appreciation/care for wildlife in their community, promote less consumption, and conserve natural resources.



*"I met with local biologists and environmental educators to design a project that would blend my love for wildlife and desire to promote the conservation of natural resources. Human activities and consumption can impact plants, animals, and entire ecosystems. My Gold Award focused on motivating kids to protect wildlife and make changes in their daily lives. I learned that I want to continue using my passion for the environment to impact others."*

## Healthy Hearts Initiative

Health: Diseases

Partnered with: Agency

### Audrey Pham

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
North Central Region: West Garden Service Unit, Troop 2454 Lien Doan Van Lang  
Oxford Academy, Class of 2020

Audrey partnered with businesses and organizations to raise awareness about heart disease and heart disease prevention.





## **Think Pink and Fight On!**

*Health: Mental Health*

*Partnered with: Susan G. Komen Foundation*

### **Uyen Nhu Natalie Vo Pham**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 515 Lien Doan Lac Viet

Villa Park High School High School, Class of 2019

Future Aspiration/Career Goal: California Polytechnic Institute, Pomona/FBI

Natalie hosted a 2 session presentation about breast cancer collaborating with the Susan G. Komen Foundation to help talk about this serious cause. Natalie wanted to address that it's important to be aware of your health. Her target audience was to the Vietnamese community. To be able to accomplish her project, she had the help of Susan G. Komen Foundation to provide a presentation to show to her audience. Her project involved 100-200 people that came to the event to help support her project. She hopes to have her project be continued by daily posts on her troop's website.

***"I learned that leadership and time management plays a huge role in a Gold Award Take Action project. This project has taught me to pay more attention to my body and myself and to get help if I noticed anything wrong. Earning my Gold Award showed me that I can take risks and shoot for the stars and know that everything I did along the way, helped not just myself, but the people in my community."***



## **The Sibling Project**

*Disability: Disability and Special Needs Issues*

*Partnered with: The Center For Autism and Related Disorders*

### **Kaelyn Pieter**

Grade 11 Girl Scout Ambassador, 4 years as a Girl Scout

Central Region: Tustin East Service Unit, Troop 486

Arnold O. Beckman High School, Class of 2020

Kaelyn created three age-group curriculums in order to teach the children how to interact effectively with their autistic siblings. She created these in conjunction with the Center for Autism and Related Disorders, who use it as the foundation of their Sibling Supports program. This six week course is designed to promote connections among affected siblings, foster autism education, and create a sibling support network. This project will help improve the lives of the siblings of CARD's thousands of nationwide clients.

***"Creating this program has taught me to make my voice heard. I found my strength and leadership ability as I built the curriculum and support program. Creating a curriculum that was both viable and genuinely helpful required intense cooperation as well as immense effort by both parties. Thousands of children will be helped as a result, and I am honored to have started the process."***



## **Smart cameras and Smart phones**

*Arts, Culture, and Heritage: Visual Arts*

*Partnered with: Rancho Alamitos High School*

### **Natalia Pilla**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout

North Central Region: West Garden Service Unit, Troop 2018

Rancho Alamitos High School, Class of 2019

Future Aspiration/Career Goal: Cypress College (Photography)

Natalia chose this project because photography is her passion and wanted to spread the word about visual arts. By creating a Photography Club, she was able to educate students who weren't able to take photography. The local connection was Visual Arts Awareness. Natalia informed students about photography by creating presentations. Students were then able to use that information to create photographs on their smartphones and digital cameras. The Photography Club will stay sustained by students who are interested in photography and are willing to tutor beginners.

***"As I worked with my team, I realized that communicating with others was very important as well as time management. I learned how to balance the many meetings as well as my personal life. Earning my Gold Award taught me how to properly organize meetings, and how to run a club. This project sparked my passion for photography by helping me identify my love for photography and helping others."***



## Adjusting to Type 1 Diabetes

Health: Diseases

Partnered with: PADRE Foundation

### Allison Potter

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Central Coast Region: Huntington Harbor Service Unit, Troop 2042  
Mater Dei High School, Class of 2021  
Future Aspiration/Career Goal: Film Editor

Allison's project focused on easing the transition from the hospital back to school and the new daily lives of those newly diagnosed with type 1 diabetes. She worked closely with the PADRE Foundation to create and distribute a video to explain what type 1 diabetes is, what it is not, signs of high and low blood sugar, and other useful information in order to educate classmates of newly diagnosed type 1 diabetics about the condition. She also created a carbohydrate quick reference guide for those newly diagnosed with T1D. The PADRE Foundation will continue to use these resources and send them to families they come into contact with.



*"As I worked with the PADRE Foundation and the school districts I reached out to, I was able to develop good communication skills. I was also able to learn a lot more about type 1 diabetes, which is important to me because I now know more about what my cousin has to go through daily (my cousin's diagnosis was why I started this project). Earning my Girl Scout Gold Award showed me I can promote positive change."*

## H.E.A.R.T. to Heart

Healthy Relationships: Rape Prevention

Partnered with: Laura's House

### Jillian Powell

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
South County Region: Ladera Valley Service Unit, Troop 151  
San Juan Hills High School, Class of 2019  
Future Aspiration/Career Goal: Loyola Marymount University of Los Angeles/Animator/  
Storyboard artist

Dating abuse alone plagues 33% of the national teen population, 70% of Orange County, California, and, at one point, 60% of Jillian's own Girl Scout troop. Jillian's Gold Award is a creation of a supplement program called "H.E.A.R.T. to Heart," which involves a documentary and student-made PSAs that allow teens to share their stories and express their interpretations of how abuse affects us individually. The program targets people of all aspects from athletes to teachers to students. Laura's House will adopt her video program as a supplement to their future H.E.A.R.T. presentations.



*"Each of my Girl Scout laws was put into action throughout the journey of my Girl Scout Gold Award. While leading a group of passionate students, I learned countless skills that could not be attained through any other experience. Most importantly, I learned that if I simply stick with what is true to my heart, my words will make a difference, and this will fuel my ability to grow as a leader in the future."*

## Helping Girls Help Themselves

Children's Issues: Mentoring

Partnered with: National Junior Honor Society

### Jillian Reichert

Grade 10 Girl Scout Ambassador, 8 years as a Girl Scout  
Central Coast Region: Surf City Service Unit, Troop 2126  
Edison High School, Class of 2021  
Future Aspiration/Career Goal: California Baptist University/Dallas Baptist University/Business

The desire for this project came when Jillian talked to a 5th-grade parent and the parent wanted to know about the struggles and that her daughter might go through in middle school. After a little research, Jillian learned the need was not only a community need, but a global need as well. She had over 60 5th-grade girls come to each meeting and 14 NJHS girls helping her as well. The middle school she did the project at was so impressed by her work that they said they would do this program in future years.



*"This program taught me that my leadership could be shown not only in the target audience, but also in the people who are affected or involved. I learned that organization is something that needs to be in 100% of a program. Doing Helping Girls Help Themselves has helped me realize that I can be a mentor to younger girls."*



## **Growing Healthy Minds and Hearts**

*Health: Nutrition*

*Partnered with: Anderson Elementary School*

### **Erin Reilly**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Central Coast Region: Huntington Harbor Service Unit, Troop 875  
Huntington Beach High School, Class of 2021  
Career Goal: Designer

At a Title 1 elementary school, Erin built a garden, created a Garden Club, and educated kids about the importance of fruits and vegetables. She trained a team of students to run Saturday classes and distribute translated recipes in Vietnamese, Spanish, and English for families to try at home. Many families have limited access to fresh produce, due to lack of transportation and storage. Previously, students were unwilling to try the unfamiliar produce provided with school lunches. Over 530 students and their families were impacted. The inclusive garden was made wheelchair-accessible. The school continues to have a Garden Club.

*"Through working with many different people to help the Anderson Elementary community tackle the issue of healthy eating habits, I developed social skills and learned about the importance of working together. I led a team that represented different cultures, ages, and abilities. We have more in common than we often realize. My Gold Award taught me that by uniting to work together, we can achieve greatness for the world around us."*



## **Innovation Lab Safety Update**

*STEM: Science*

*Partnered with: Edison High School*

### **Colleen Ritchey**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout  
Central Coast Region: HB Pierside Service Unit, Troop 859 Odyssey  
Edison High School, Class of 2019

Colleen addressed safety hazards in the lab to create a safer environment for students.



## **Everyone Deserves to Ride a Bike**

*Health: Fitness*

*Partnered with: OC Special Spokes*

### **Michaela Sampson**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
South County Region: Rancho Portola Service Unit, Troop 168  
Saddleback Valley Christian School, Class of 2019  
Future Aspiration/Career Goal: Commercial Music Major/Professional Singer

Michaela created a service club, called "Students for OC Special Spokes." The "SOS" club provides volunteer opportunities for high school students to support individuals with special needs and their families' trial, purchase or fundraise for adaptive tricycles. She connected high school students with a community partner, called "OC Special Spokes." She developed a plan, found a high school advisor, and identified key individuals who could advise her, including experts in the fields of occupational and physical therapy. She also elected officers, held monthly meetings, created an Instagram site, held fundraisers and attended numerous community bike evaluation, delivery and racing events.

*"I gained valuable leadership, organizational, interpersonal and communication skills. I learned many individuals with special needs lack financial means and access to recreational activities. I also learned it is not easy to encourage high school students to follow through, but even a few can make a big difference. Earning my Girl Scout Gold Award showed me I can solve many different community issues, while helping a lot of people reach their own personal, health and fitness goals."*



## **Cheap, Healthy Eating**

Health: Nutrition

Partnered with: Orange County Health Care Agency

### **Alyssa Secrest**

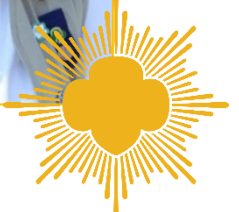
Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Central Region: Newport Mesa Service Unit, Troop 1837

Early College High School, Class of 2019

Future Aspiration/Career Goal: University of California, San Diego

Alyssa's project addressed obesity in low-income families; specifically teenagers. She recognized that a lot of people in her school—including herself—were struggling with their weight because fast food was a cheap, easy option. She created a group where people could improve their habits in a supportive environment. The number of attendees at meetings kept growing until people eventually started creating their own recipes and sharing them. The word healthy was no longer a boring descriptor for "gross" food, it was something the group actively searched for. Eventually the group elected a new leader for next year to keep the club running.



*"I think I will be able to be a better leader now that I successfully started and maintained a club on campus. It's made me a lot more confident in presenting information, getting a group's attention, and making something important to me well known. I think in the future it will make me more capable of leading and captivating a group and being able to present information in an interesting way."*

## **Dream Builders**

Health: Diseases

Partnered with: TACA (Talk About Curing Autism)

### **Riya Sidgal**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout

Mid South Region: North Irvine Service Unit, Troop 356

Irvine High School, Class of 2020

Future Aspiration/Career Goal: Washington University, St. Louis/Healthcare Professional

Riya created an educational program to empower young autistic children. Today's youth will govern the future, so Riya was inspired to make a difference by implementing a curriculum with activities like yoga, origami, engaging/interactive games, and dance to develop confidence, self-esteem, and concentration into autistic children's everyday learning for their bright future. Riya partnered with "Talk About Curing Autism" (TACA), a national non-profit organization dedicated to educating, empowering and supporting families affected by autism. Education being a global issue, by sharing/execution of this program throughout the world, Riya's project will enable sustainability, scalability, and nationwide/global implementation.



*"By working with children, I realized the importance of being a role model, as my actions serve as a precedent action of younger children. Furthermore, I gained important leadership skills like team building, patience, resolving conflicts, problem solving, time management, effective communication, discipline, and presentation skills. All the above leadership skills that I acquired because of my Girl Scout Gold Award have greatly influenced my outlook on life and deepened my appreciation for being a leader."*

## **Pet Alert: Fire Safety Preparedness**

Animals: Animal Safety

Partnered with: CERT, APO, Humane Society, City Council, Fire Department, Animal Shelter

### **Claire Smithers**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout

South Coast Region: Laguna Beach Service Unit, Troop 145

Laguna Beach High School, Class of 2019

Future Aspiration/Career Goal: Rose-Hulman Institute of Technology (Mechanical Engineering)

Claire chose to start Pet Alert because she loves animals and has grown up in California where fires are a constant danger to people and their pets, and few, if any families had a plan in place to save their pets during a fire emergency. Claire's project targeted community members in California and Indiana, showing them ways to plan and save their pet's lives and has impacted 1,350 so far. She partnered with fire departments, animal shelters, the Indiana Humane Society and created Pet Alert stickers. The LBHS Pet Alert Club and Terre Haute City Council will continue sustainability.



*"When I first started my Gold Award, I did not think that I was capable of completing a project of this size. But this project has taught me to see things through, how to talk to people and organizations and provided me with an awareness that I can make a difference when I care deeply about a cause that is important to me."*



## **Safe and Fun Exercises for Little People**

*Health: Fitness*

*Partnered with: Little People of America (LPA)/Concordia University-Irvine/  
Dr. Vance Tammen*

### **Shelby Tarnow**

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout  
South Coast Region: San Clemente Service Unit, Troop 1510  
San Clemente High School, Class of 2020  
Future Aspiration/Career Goal: Concordia University, Irvine/Orthodontist

Shelby is a Little Person (LP). After back surgery, she struggled to find exercises to help her strengthen her body and regain balance. Seeing a need, she decided to make a video to help other LP's. She developed an exercise program and produced a video. She presented the program to the Executive Board and Medical Board for Little People of America (LPA). She hosted a workshop at the national convention giving demonstrations and working with LP's. Her DVD and marketing cards were distributed at that conference to thousands of Little People from all over the world helping to promote fitness.

*"Throughout my project I had to continually make changes. I learned that you have to be flexible and patient. You also do not have to do everything yourself and using a professional can make things easier. It's also best to have a good team to work with so there are many people to help with decisions. Making smaller goals can help you to stay motivated, so having a good plan before you start is important."*



## **Read a Story, Change a Life**

*Education: Literacy*

*Partnered with: Higher Ground Youth and Family Services, Yorba Linda Public Library, Hope Through Housing, St Joseph Primary*

### **Isabella Tejada**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Northeast Region: Yorba Linda East Service Unit, Juliette  
Rosary Academy, Class of 2020  
Future Aspiration/Career Goal: Pediatrician

Isabella created "Read a Story, Change a Life," a literacy intervention program designed to provide equitable access to reading success for at-risk students living in poor communities. Isabella assembled a team of experts and over 120 volunteers. Her program has serviced over 500 families and is now in partnership with Higher Ground Family Services, Yorba Linda Public Library, Hope Through Housing, and St. Joseph School in Uganda. Isabella has been an invited radio show guest and speaker on literacy intervention, and has won numerous grants to fund her program, providing \$5,000.00 of new books to start the Higher Ground Library.

*"Creating 'Read a Story, Change a Life' to provide equitable opportunities for literacy success has greatly impacted my leadership abilities. While earning my Girl Scout Gold Award, I learned the invaluable skills of identifying a need, communicating my passion and plan for change, moving others to join me, quantifying the results, and successfully writing grant proposals to earn money to fund my project. I learned that my age does not define my potential impact in the world."*



## **Undergrad Grub**

*Health: Nutrition*

*Partnered with: Schools*

### **Julia Thomas**

Grade 10 Girl Scout Ambassador, 11 years as a Girl Scout  
South County Region: Mission Viejo Service Unit, Troop 261 Tempest  
Santa Margarita Catholic High School, Class of 2021  
Future Aspiration/Career Goal: Labor and Delivery Nurse or Nurse Practitioner

Unhealthy eating by college students affects their overall wellbeing. They need foods to fuel their mind and body. The root cause of the unhealthy eating is the convenient food offered at the dining hall and cheap foods around campus. Julia's Instagram account, Undergrad\_Grub, makes cooking healthy slow-cooker meals incredibly easy. Julia's project unexpectedly branched out to other populations as well. For example, food insecurity is an issue many people around the world face, college students included. This is a worldwide issue. Instagram is a worldwide accessible application, so it is very possible and easy to reach people globally through Undergrad\_Grub.

*"I've demonstrated my recipes to college, and elementary students, even adults. I was nervous at first. My favorite moment was seeing the excitement in the children in a financially struggling neighborhood. The kids were so excited to have learned a two-ingredient recipe to have ready for their parents when they returned from work! I've always loved cooking. Now my love for it is brighter because I've shared it with others!"*



## **Plant-Based Nutrition Education**

*Health: Nutrition*

*Partnered with: Food and Nutrition Services, Capistrano Valley Unified School District*

### **Chloe Tilton**

Grade 11 Girl Scout Ambassador, 7 years as a Girl Scout  
South County Region: Oso Valley Service Unit, Troop 2249  
San Juan Hills High School, Class of 2019

Chloe educated students to make conscious food choices.



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## **Bullying Prevention of Students with Special Education**

*Healthy Relationships: Bullying*

*Partnered with: Southland Integrated Services*

### **Michelle To**

Grade 9 Girl Scout Ambassador, 9 years as a Girl Scout  
North Central Region: West Garden Service Unit, Troop 1956 Lien Doan Lam Son  
Fountain Valley High School, Class of 2022  
Future Aspiration/Career Goal: University of California, Los Angeles/Pharmacist

Michelle chose to carry out this project to address that bullying can happen to everyone, and even more so against students with disabilities. Michelle believes that bullying can leave emotional and physical scars that can last a lifetime. She believes bullying prevention can be achieved by increasing the awareness and acceptance of these special educated students. Nearly 100 students participated in the workshop. To make her project sustainable, the clubs will sponsor anti-bullying month annually and unite other schools/clubs to further educate and raise awareness of bullying prevention.



***"I believe this project has helped me further develop my leadership and communication skills and learn to be more organized and prepared. The project granted me the opportunity to learn more about myself and how I can become a more effective leader."***

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## **A World of Literature**

*Education: Literacy*

*Partnered with: Tustin Memorial Academy*

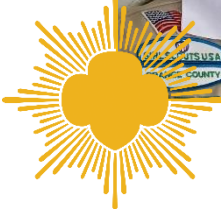
### **Alexis Ton**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout  
Mid South Region: Heart of Irvine Service Unit, Troop 1809 Lien Doan Huong Viet  
Arnold O. Beckman High School, Class of 2020  
Career Goal: Doctor

Alexis created a reading program at Tustin Memorial Academy Elementary School to encourage children to find a genuine interest in reading. To tackle this project, she planned extensively, communicated with many liaisons, and put together a team to volunteer at the elementary school every week. Alexis created unique and engaging activities to help the children with reading comprehension, writing, and creativity. Alexis also implemented methods to track and measure the children's daily reading and found an overall increase in reading. The skills and benefits the children acquired from this project will transfer throughout their lives and further generations.



***"I had to adapt to a business-like mindset when speaking to important adult figures during this project. From this project, I learned one of the most important lessons of my life: In order for you to achieve your goals, you need to inspire others to take it seriously as well. As a leader, I possess a certain charisma and assertiveness and learned to be a fastidious problem solver."***



## ***Establishment of Safety Awareness and Car Accidents Prevention Program***

*Public Safety: Traffic Safety*

*Partnered with: Sang Traffic School*

### **Krystelle Tran**

Grade 12 Girl Scout Ambassador, 5 years as a Girl Scout

North Central Region: West Garden Service Unit, Troop 2454 Lien Doan Van Lang

Pacifica High School, Class of 2020

Future Aspiration/Career Goal: University of California, Irvine/Physician: Cardiovascular

Educated teens about the health risks of drug use.

Automobile accidents and fatality rates increase annually, if not daily, nationwide. Due to the excessive dependence on cars and drivers overestimating themselves, Krystelle developed a program that provided key rules on the road, tips on how to prevent accidents beforehand, and vital supplies that should be kept in the car in case of emergencies to encourage the youths to be more active passengers. By having a specialist coming in to personally disclose info to the youths and adults at the Boys and Girls Club of Stanton, the club can take advantage of the resources given to continue spreading awareness.

*"Numerous thoughts floated into my mind as I worked to maximize the impact, such as "You feel the pressure, so what are you going to do?" In response, I told myself to hold onto these dilemmas, uncertainties, and imbalances, and keep on persevering. Internally, I grew to a level worthy of deeper understanding of how I can be a leader to myself on the lifetime-long journey of self-discovery."*



## ***Strike Out Tobacco and E-Cigarette Use***

*Health: Diseases*

*Partnered with: OC Health Care Agency*

### **Mimi Tran**

Grade 11 Girl Scout Ambassador, 9 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 515 Lien Doan Lac Viet

Fountain Valley High School, Class of 2020

Mimi educated teens about the health risks of drug use.



## ***Sleep Tight, You'll Need It!***

*Health: Mental Health*

*Partnered with: Moving Forward Psychological Institute*

### **Sheila Tran**

Grade 11 Girl Scout Ambassador, 10 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 515 Lien Doan Lac Viet

Fountain Valley High School, Class of 2020

Future Aspiration/Career Goal: University of California, Santa Barbara/Medical Field

Sheila planned and hosted an event to educate members of her community about the dangers of stress induced sleep-deprivation. Her target audience consists of the young teenagers from her community of Orange County. To reach out, she contacted various organizations as well as school administrators to assist her on reaching her goal. This global issue of anxiety can affect practically anyone, which is who she had hoped for her project to make a lasting impact. Sheila will be passing on her project and having the lesson plans continued with the help of her project advisor and school clubs.

*"With my project, I learned how to manage my time and to accept feedback from others. Going through with hosting these workshops has helped me tremendously with my communication skills, whether it be with my peers or with people of authority. I have been working on my people skills for as long as I can remember, and this project has benefitted not only my community, but also myself."*



## Youth Yoga

Health: Mental Health

Partnered with: Excelsior Elementary School

## Venice Tran

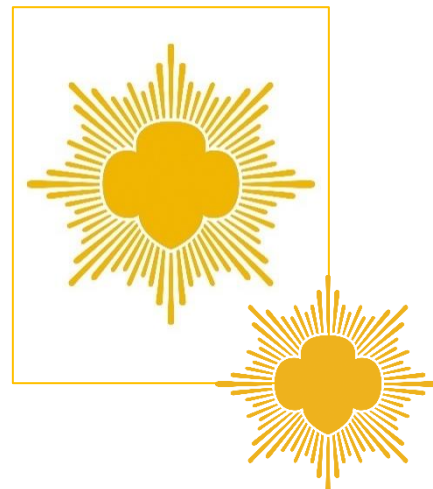
Grade 12 Girl Scout Ambassador, 6 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1279 Lien Doan Chi Lang

El Toro High School, Class of 2019

Future Aspiration/Career Goal: San Jose State University (Marketing)/Marketing

Venice taught children how to cope with negative stress through yoga.



## Depression Awareness

Health: Mental Health

Partnered with: Nhan Hoa Health Clinic, Dr. Kevin Mai's Clinic, Project Vietnam

## Tia Trinh

Grade 11 Girl Scout Ambassador, 9 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1279 Lien Doan Chi Lang

Woodbridge High School, Class of 2021

Future Aspiration/Career Goal: University of California, Irvine/Psychiatrist

Understanding that depression is a serious topic in the Vietnamese community, Tia broke her project into parts for a greater impact. She created pamphlets detailing the illness in Vietnamese and English to distribute at a local health fair to touch base with the community. In addition, Tia worked with Dr. Kevin Mai to hold depression screenings at his clinic and the nursing home for the elderly which will be sustained with his medical assistants. To help the youth, she planned three sessions with Project Vietnam to teach Vietnamese children how to deal with the stigma within their own families.



**“Working around a centuries-old stigma was difficult, but my mentors helped me approach the topic in a manner that would be effective and impactful. I am grateful that I was able to use this opportunity to grow my communication skills as it takes more than sending one email and hoping for the best. This project has allowed me to combine both my passion for mental health along with my weaknesses of planning.”**

## Recycling Way at Bolsa Grande

Environment and Sustainability: Climate Change

Partnered with: Bolsa Grande High School

## Julia Truong

Grade 12 Girl Scout Ambassador, 8 years as a Girl Scout

North Central Region: West Garden Service Unit, Troop 3997 Liên Đoàn Chí Linh

Bolsa Grande High School, Class of 2019

Future Aspiration/Career Goal: California State University, Dominguez Hills (Theater and Dance: Dance Option)/Dancer

Julia created new and friendly recycle bins. She wants the students and staff to be aware of where to put the bottles and cans. The connection to global issue is making sure the recyclables can be recycled or reused. Her project will continue on beyond her involvement by letting the Wilderness Adventure Club take care of the bins and collect the bottles and cans that the people had on campus.



**“The leadership skills that I developed are listening to others and organizing. What I learned about myself as a result of this project is to adapt whenever there is something wrong along with the process. This project has sparked ongoing interest when I see the recycle bins looked plain and might not be recycle-friendly to students.”**



## **Fit 2 Be Kids: Exercise After-School Program in Orange**

Health: Fitness

Partnered with: Fit2BeKids

### **Michelle Truong**

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout

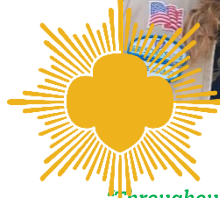
North Central Region: Garden Valley Service Unit, Troop 515 Lien Doan Lac Viet

El Modena High School, Class of 2019

Future Aspiration/Career Goal: Lawyer

Michelle developed an after-school program at an elementary school to encourage children to live healthier lifestyles and prevent childhood obesity through nutrition and fitness education. She created her own curriculum for the program under guidance of a health education and youth exercise specialist. The program lasted 8 weeks and reached 20 children between kindergarten and fifth grade weekly. The curriculum was then uploaded onto a website to be used in future years through collaboration with the middle school physical education teacher and local high school students.

*"Through my project, I improved my communication and time management skills each week as I worked with my volunteers to manage 20 energetic elementary school kids. I was able to coordinate with my old elementary school and current high school to complete my dream. Earning my Girl Scout Gold Award proved that I could be capable of anything I dreamed of, if I was willing to put in the effort."*



## **Stress Less**

Health: Mental Health

Partnered with: Tesoro High School

### **Kacy Tubbs**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

South County Region: Ladera Valley Service Unit, Juliette

Tesoro High School, Class of 2019

Future Aspiration/Career Goal: University of South Dakota (Political Science and Sustainability)/Activist

Kacy created Stress Less for high school students, specifically freshmen, who are experiencing stress and anxiety. She created lesson plans, activities, and various coping methods to help aid the freshmen in this stressful transition period of their lives. Stress Less helps students identify, manage, and cope with stress and anxiety in high school. Leaders around the school have been taught the importance of Stress Less, and they will continue to implement the lessons into the freshman curriculum.

*"Throughout my Girl Scout Gold Award Take Action Project, I gained many valuable leadership skills. For example, I learned the importance of teamwork, and I grew more confident as a leader. While I taught others about my project, I also learned a tremendous amount from my team and my fellow leaders. Earning my Girl Scout Gold Award has been an extremely inspiring journey, and I will continue to grow from these experiences for the rest of my life."*



## **Changing Habits**

Environment and Sustainability: Climate Change

Partnered with: Boys and Girls Club

### **Neha Upadhyaya**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Northeast Region: Yorba Linda West Service Unit, Juliette

Valencia High School, Class of 2019

Future Aspiration/Career Goal: California State University (Political Science)/Government

Neha created a summer program at the Boys and Girls Club that provided an introductory understanding of global warming and implementing an environmentally sustainable lifestyle. She developed a curriculum to teach young students about different topics stemming from global warming. They participated in hands-on and engaging activities to learn more about the problems and the simple ways they can make a change. The students were able to recognize the role they could implement in their everyday lives. The Boys and Girls Club plans to continue running this program over the summer.

*"Throughout the creation and implementation of this project, I had the ability to target an issue I am passionate about, while also growing as a leader. I was able to find a way to reach out to young people in my community and inspire change, which allowed me to better develop skills like communication, delegation, and innovation."*



## ***Saving Our Environment, One Refill at a Time***

*Environment and Sustainability: Pollution*

*Partnered with: Canyon High School – Orange Unified School District*

### **Taryn Uyematsu**

Grade 12 Girl Scout Ambassador, 11 years as a Girl Scout

Northwest Region: Anaheim Service Unit, Troop 881 Wisteria

Canyon High School, Class of 2019

Future Aspiration/Career Goal: Hope International University (Education)/Counselor

Taryn chose this project after seeing videos on the Great Pacific Garbage Patch in her Environmental Science class. She chose to address the problem of single use plastics by creating a video and sharing it with student athletes in the community and at her high school. She promoted the use of refillable flasks and installed water filling stations at her school. She also worked with recycle clubs at the other high schools in the district to implement the same strategy. As of June 2019, the 3 water filling stations at her school reflect that 12,000+ plastic bottles have been saved.

*“As I worked closely with the PTSA, school administration, and recycle clubs, I learned that there are many obstacles and nothing goes as smoothly as planned. I honed my people skills and worked on organization and time management to reach each step of my project. My Gold Award showed me that I could see a complicated project through, get the community involved and make a positive impact on our environment.”*



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## ***Mindful Art for High School Students***

*Health: Mental Health*

*Partnered with: Arnold O. Beckman High School*

### **Gabrielle Vera**

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1015 M.S.S. Aquila

Arnold O. Beckman High School, Class of 2019

Future Aspiration/Career Goal: Marketing Executive

Since art was a way for Gabrielle to relieve any personal stress she had, she was inspired to create a resource where other teens could reduce their stress and anxiety as well. While her main focus is on art therapy, her project is meant to inform and connect teens with other resources as well as inspire them to find their own path toward mental health and wellness. The schools in her district distributed and will continue to distribute Gabrielle's coloring booklets to their students. She also had a printable version in English and Spanish posted online on the schools' websites.

*“As I worked with many different groups at my school to create and distribute my stress relief coloring booklet, I learned how to lead several groups at once and manage my time. Through my workshops and booklet, I was able to develop my public speaking skills and help inspire others to explore different ways to cope with stress and anxiety.”*



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## ***Using Your Voice***

*Education: Career Training*

*Partnered with: Red Cross Orange County*

### **Sam Vi-Tang**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1015 M.S.S. Aquila

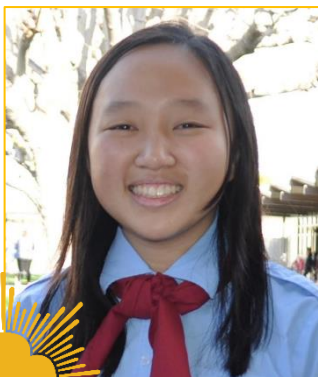
Arnold O. Beckman High School, Class of 2019

Future Aspiration/Career Goal: University of California Los Angeles (Materials Science)/Chemist

"Using Your Voice" is a project designed to teach teens the importance of word choice when marketing their ideas in both a professional and casual setting. Sam's project efforts address the need for strong leaders who are capable of making change. By teaching teens to become more persuasive and analytical of their opinions and their target audience, she aims to break down barriers between long standing adversaries and work towards a compromise that benefits both parties. After reaching nearly 200 young adults in the Orange County area, Sam's workshops and resources will go to further educating and molding future leaders.

*“This project reminded me that engagement with an audience and within a team is a key part of being a great leader and creating a positive environment. This journey has renewed my passion for learning from an array of individuals with different backgrounds and has underscored the importance of personal growth in order to best impact my community.”*





## Children's Cultural Awareness Program

Arts, Culture, and Heritage: Cultural Awareness

Partnered with: Haskett Library, Cerritos Elementary, A Country Called Syria, WHS Chinese & VSA, Key Club

### Anh Voong

Grade 10 Girl Scout Ambassador, 4 years as a Girl Scout

Central Region: Tustana Service Unit, Troop 1279 Lien Doan Chi Lang

Oxford Academy, Class of 2021

Future Aspiration/Career Goal: University of California, Irvine/Pediatrician

To promote cultural awareness, Anh created a Children's Cultural Awareness program at Haskett Library, aiming to educate children about worldwide cultures. Growing up, she experienced the unity fostered through mutual respect of cultural differences, and sought to inspire this among local communities. At workshops, participants were introduced to various cultural aspects through traditional activities, food, and performances. To expand outreach, she hosted a festival at Cerritos Elementary, collaborating with cultural nonprofits such as A Country Called Syria, WHS Chinese Club, VSA, and OA Key Club. With past events totaling to 900+ attendees, her program will be sustained by Haskett Library.

*"Through initiating collaboration with community leaders, I discovered that my potential as a leader wasn't just based on what I could do individually, but what I could spark by uniting others. I was able to become more assertive in empowering others through pushing my own comfort zone. Being able to accomplish my goals by overcoming several obstacles has come with the realization that I have the power to inspire a lasting change in my community."*



## The "Knead" for Baking

STEM: Science

Partnered with: Home Baking Associations and Ladera Ranch Middle School All Stars

### Sofia Votava

Grade 12 Girl Scout Ambassador, 13 years as a Girl Scout

South County Region: Ladera Valley Service Unit, Troop 461

San Juan Hills High School, Class of 2019

Future Aspiration/Career Goal: Texas Christian University/Strategic Communications

Sofia created a STEAM based program to teach kids the science behind baking, kitchen safety, proper food handling, and how to follow a recipe. Her program is available at [www.thekneadforbakng.com](http://www.thekneadforbakng.com) where there is an 8-minute long instructional video and a downloadable PDF of the curriculum. There are also links to outside resources for continued education in baking and cooking. Over 300 middle school students attended her workshops and another 100 baked with Sofia at hands-on workshops. Currently, her curriculum is also available to every Lion's Heart member nationwide in their member toolbox.

*"In the future, I know that I am capable of more than I expect. I also believe that my communication skills will continue to improve, and I will use what I learned in my college endeavors. This project has given me a strong sense of self as I now feel confident that I can accomplish difficult tasks. The Gold Award process was very challenging, and I feel I made a difference in my community."*



## Ambassador for Dance

Health: Mental Health

Partnered with: Boys and Girls Club and Orange County Dance Center

### Katherine Waide

Grade 11 Girl Scout Ambassador, 11 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 458

Huntington Beach High School, Class of 2020

Career Goal: Doctor

Katherine created a dance assembly program to educate elementary school students on dance and how movement can be integrated into their daily lives. She introduced her third and fourth grade students to three main styles of dance- tap, ballet, and jazz- through a variety of performances and interactive activities. Katherine held three assemblies total at two different elementary schools in two different cities. At each of her programs, she shared with students how dance serves as a creative outlet for self-expression and allowed them to develop a sense of appreciation for the often overlooked art form.

*"My project gave me a strong sense of my self-identity as I formed the confidence necessary to speak in front of rooms full of elementary age children and their teachers. I learned how to form healthy and professional relationships with authority figures, but most importantly, I learned that when you work hard on something that you truly love, the joy in the outcome far outweighs the hardships of the process."*



## Healing Horses Camp

Children's Issues: Child Abuse

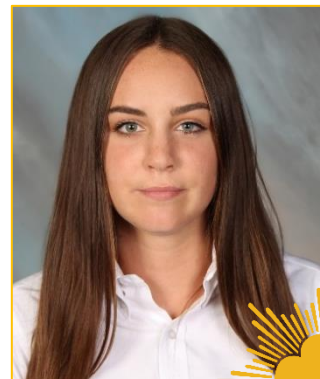
Partnered with: Therapeutic Riding Center of Huntington Beach and For the Child

### Elise Webber

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Central Coast Region: Huntington Harbor Service Unit, Troop 2042  
Mater Dei High School, Class of 2019  
Career Goal: Nursing

Elise's project combined her passion for horses with her interest in helping abused children. She developed a collaboration between Therapeutic Riding Center of Huntington Beach and For the Child to create a week-long summer camp. The children were recommended for the camp by their therapists. Elise's project provided an alternative to traditional therapy where the horses were used instead of talk therapy. It was magical to see the transformation made in just one week. A lasting impact was made in the lives of the children, trainers, volunteers and therapists. Both organizations have committed to keeping the camp going every summer.

*"I worked with volunteers and staff to help underprivileged kids gain new opportunities they would not have had before. Through this experience, I developed new leadership skills, and I learned how much I like working with children. I discovered that helping others is something I want to do in the future. This project sparked an interest in becoming a pediatric nurse, because I would be able to help children in their time of need."*



## Childhood Obesity Awareness

Health: Nutrition

Partnered with: Tanaka Farms

### Kirsten Wong

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout  
Northwest Region: Anaheim Service Unit, Troop 881 Wisteria  
Fountain Valley High School, Class of 2019  
Future Aspiration/Career Goal: California Polytechnic State University, Pomona (Nutrition)/  
Work in the FDA

Kirsten's Gold Award targeted the main causes of childhood obesity such as the lack of exercise and bad eating habits. She created multiple sessions for elementary students that focused on their vegetable and fruit intake and the amount of physical exercise they had each day of the week. The goal of each session was to teach the children healthy habits. For example, she would show them why eating carrots is a lot more beneficial than eating a bag of chips. After the sessions, they now have a better understanding of the importance of maintaining a healthy lifestyle.

*"Completing my Girl Scout Gold Award has helped me gain confidence by taking on substantial problems and making the world a better place. Also, my Gold Award has helped me spark an interest in nutrition because I learned a lot about the importance of people's health and helping out others."*



## Injury Free Dragon Boat Racing

Health: Fitness

Partnered with: Aerodragons/Southern California Dragon Boat Club

### Rachel Wong

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout  
Northwest Region: Anaheim Service Unit, Troop 881 Wisteria  
John F. Kennedy High School, Class of 2020  
Future Aspiration/Career Goal: Boston University/Medical Examiner

Rachel worked with her physical therapist to create an injury prevention program since injury rates for dragon boat are surprisingly high despite being a low contact sport. She found that the main factor behind the injuries was a lack of preventative knowledge. She taught dragon boat specific preventative exercises to adult, university, and high school teams. Each participant was given a copy of hand drawn diagrams of the exercises after each session. A demonstration video was shared with East Coast and West Coast dragon boat communities. Her team will implement her program to the introduction of new paddlers each month.

*"My passion for dragon boat allowed my project to involve teaching injury prevention exercises to a wide audience. From this experience, I learned the values of self-confidence and preparedness while educating my audience. Earning my Girl Scout Gold Award has shown me that I have the power to use my voice to impact those inside and outside of my community to bring about positive change."*





## **Friendship Building Foundations**

*Healthy Relationships: Bullying*

*Partnered with: Baker Elementary School*

### **Jillian Woo**

Grade 12 Girl Scout Ambassador, 12 years as a Girl Scout

Northwest Region: Anaheim Service Unit, Troop 881 Wisteria

Pacific High School, Class of 2019

Future Aspiration/Career Goal: University of California, Irvine (Psychology)/Speech Pathologist

Bullying is a societal problem that can be detrimental to one's social development, as it can cause mental health problems for the victim. Jillian created a five-day anti-bullying program for kindergarteners. Through this pilot program, over 50 students learned how to foster and maintain healthy relationships with others through engaging in hands-on activities and daily lessons. Besides integrating the program into Baker Elementary School's kindergarten curriculum, she created a website containing all the materials necessary for teaching this program, and she worked with several elementary schools in the Garden Grove Unified School District to spread awareness of the program.

*"As I worked daily with many students, volunteers, teachers and school representatives, I became more confident in my abilities to advocate against the global issues of bullying. Earning my Girl Scout Gold Award taught me that it requires efficient advocacy and awareness to many groups of people to effectively combat social issues."*



## **Stay Active Program**

*Health: Fitness*

*Partnered with: 24 Hour Fitness, Tamara Elementary School, Boys and Girls Club*

### **Kelly Yam**

Grade 12 Girl Scout Ambassador, 10 years as a Girl Scout

North Central Region: Garden Valley Service Unit, Troop 997 Lien Doan Hoa Lu

Fountain Valley High School, Class of 2020

Kelly has a passion for health and fitness. She believes eating right and exercise can lead to positive outlook on life. Growing up, Kelly noticed others are not as fortunate to eat healthy snacks or play outside, may not realize the benefits of consuming healthy food or staying active, or may overlook the importance of eating nutritiously and exercising. Through her project, children are able to learn new information about why they should start making better choices in their lives, new ways they can exercise at home, and what they should consume to greatly impact their health and their lives.

*"As I worked on my project, I developed leadership skills that will grow in the future such as staying organized, planning ahead, time management, and making sacrifices in order to achieve a goal. I had to stay organized and know what I was doing at all times, in order to be as efficient and effective as possible."*



## **Teens for Change**

*Children's Issues: Mentoring*

*Partnered with: Oak View Public Library*

### **Amber Zeng**

Grade 11 Girl Scout Ambassador, 12 years as a Girl Scout

Central Coast Region: HB Pierside Service Unit, Troop 2190

Huntington Beach High School, Class of 2020

Future Aspiration/Career Goal: Doctor

Amber created a club at her school in order to help people in need in her community. She then contacted the head of a local public library in a more low-income neighborhood, who allowed her and some other volunteers to do story time and crafts at the library. She wanted to enrich the lives of the kids there and impact them positively, which she accomplished in the past year and a half of activities. She has been able to form a relationship with many kids by talking to them and having fun together.

*"Seeing the kids' faces light up when listening to stories, doing crafts, or just talking to the other volunteers and me I made all of the work worth it. Through this experience, I learned that I had the ability to see an issue, create a plan to solve that issue, and put that plan into action."*



### ***SCHS Special Needs Garden***



San Clemente Gold Award Girl Scout Kayleigh Cassidy

### ***Save the Bluebirds***



Fullerton Gold Award Girl Scout Andrea Chen

### ***The Meaning Behind the Motions***



Fountain Valley Gold Award Girl Scout Malia Cortez

### ***Zen Club & Stress-less Week***



Newport Coast Gold Award Girl Scout Chelsea Chung

### ***Safe and Fun Exercises for Little People***



San Clemente Gold Award Girl Scout Shelby Tarnow

### ***Beach Cleanup Club***



Seal Beach Gold Award Girl Scout Genyys Duncan





### ***Cultural Strengthening Through Native American Storytelling***



Temecula Gold Award Girl Scout Isabella Madrigal

### ***Making Wildlife Learning Fun for Kids***



San Juan Capistrano Gold Award Girl Scout Catherine Petersen

### ***Worlds of Books***



Mission Viejo Gold Award Girl Scout Lauren Dyke

### ***Teens for Healthy Kids***



Brea Gold Award Girl Scout Tejal Patel

### ***Think Pink and Fight On!***



Orange Gold Award Girl Scout Natalie Pham

### ***Helping Girls Help Themselves***



Huntington Beach Gold Award Girl Scout Jillian Reichert

### ***Bullying Prevention of Students with Special Education***



Fountain Valley Gold Award Girl Scout Michelle To



### ***Dream Builders***



Irvine Gold Award Girl Scout Riya Sidgal

### ***Growing Healthy Minds and Hearts***



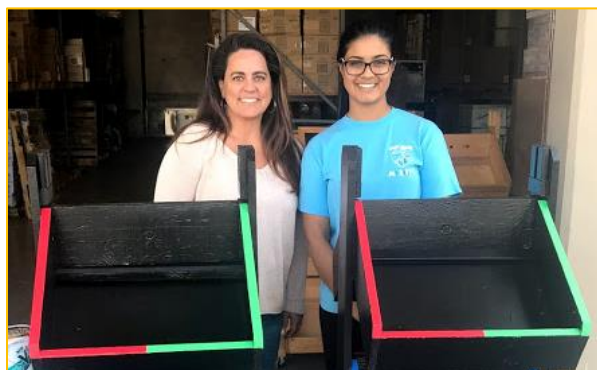
Huntington Beach Gold Award Girl Scout Erin Reilly

### ***Everyone Deserves to Ride a Bike***



San Clemente Gold Award Girl Scout Michaela Sampson

### ***Kids to Kids***



Placentia Gold Award Girl Scout Khira Mistry

### ***Seal and Sea Lion Conservation and Rescue Project***



Rossmoor Gold Award Girl Scout Kirsten Okamoto

### ***Read a Story, Change a Life***



Yorba Linda Gold Award Girl Scout Isabella Tejeda

### ***Fighting Fire with Fire***



Villa Park Gold Award Girl Scout Bailey Gallagher





### ***There is no lie to this a(fib)***



Ladera Ranch Gold Award Girl Scout Anmol Kaur

### ***Stigma-Free***



Santa Ana Gold Award Girl Scout Michelle Nguyen

### ***A Read-son to Read***



Brea Gold Award Girl Scout Emily Beck

### ***Undergrad Grub***



Mission Viejo Gold Award Girl Scout Julia Thomas

### ***Friendship Building Foundations***



Garden Grove Gold Award Girl Scout Jillian Woo

### ***Grow Healthy, Get Healthy***



Trabuco Canyon Gold Award Girl Scout Audrey Mai

### ***Coastal Clean Up OC***



Aliso Viejo Gold Award Girl Scout Kate Palino



## ***A World of Literature***



Tustin Gold Award Girl Scout Alexis Ton

## ***Mindful Art for High School Students***



Tustin Gold Award Girl Scout Gabrielle Vera

## ***The “Knead” for Baking***



Ladera Ranch Gold Award Girl Scout Sofia Votava

## ***Healing Horses Camp***



Huntington Beach Gold Award Girl Scout Elise Webber

## ***STEM from the Beginning***



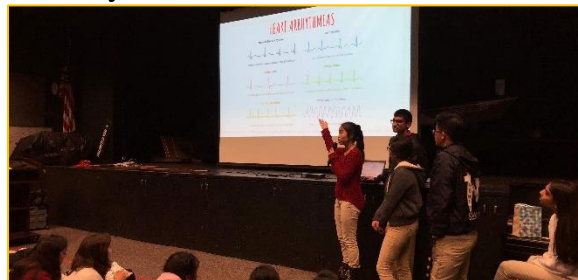
Irvine Gold Award Girl Scout Lauren Chu

## ***Self Defense for Girls***



Irvine Gold Award Girl Scout Tia Trinh

## ***Healthy Hearts Initiative***



Graden Grove Gold Award Girl Scout Audrey Pham





### ***GEARup4Youth***



Placentia Gold Award Girl Scout Megan Loh

### ***Ambassador for Dance***



Huntington Beach Gold Award Girl Scout Katherine Waide

### ***Sleep Tight, You'll Need It!***



Westminster Gold Award Girl Scout Sheila Tran

### ***Pet Alert: Fire Safety Preparedness***



Laguna Beach Gold Award Girl Scout Claire Smithers

### ***Fit 2 Be Kids: Exercise After-School Program in Orange***



Orange Gold Award Girl Scout Michelle Truong

### ***Teens for Change***



Huntington Beach Gold Award Girl Scout Amber Zeng

### ***STEM Family Night***



Fountain Valley Gold Award Girl Scout Boa-Tran Nguyen

### ***You Are Not Alone***



Foothill Ranch Gold Award Girl Scout Kaitlyn Grabiec



### ***Fun Reading Day***



Huntington Beach Gold Award Girl Scout Kimberly Do

### ***"EQ 2 U": a teen to teen training on improving your Emotional Intelligence***



Ladera Ranch Gold Award Girl Scout Chloe Green

### ***Childhood Obesity Awareness***



Fountain Valley Gold Award Girl Scout Kirsten Wong

### ***Operation It's Our Flag***



Brea Gold Award Girl Scout Danielle Eby

### ***Hands-On Math!***



Irvine Gold Award Girl Scout Sasha Anand

### ***You Too Can Help Save the Monarch Butterflies***



Huntington Beach Gold Award Girl Scout Noelle Duffey





### ***Fitness for the Youth***



Anaheim Gold Award Girl Scout Faith Ngo

### ***Making Marina Filled with LOVE***



Huntington Beach Gold Award Girl Scout Amelia Garrard

### ***Introduction to Tennis for Teens and a New Shade Sail***



Lake Forest Gold Award Girl Scout Alexandra Barikhan

### ***Using Your Voice***



Irvine Gold Award Girl Scout Samantha Vi-Tang

### ***Marco Forster Middle School Healthy Relationship Education Day***



Ladera Ranch Gold Award Girl Scout Ashley Bussell

### ***Healthy and Happy Kids***



Aliso Viejo Gold Award Girl Scout Madeline Kopf

### ***Oral Health Awareness***



Fountain Valley Gold Award Girl Scout Tiffany Hoang



### ***ASL Learning and Deaf Culture***



Anaheim Gold Award Girl Scout Ashley Do

### ***Finding Homes for Rescues***



Huntington Beach Gold Award Girl Scout Chase Guerrero

### ***Diabetes and Healthy Eating***



Fountain Valley Gold Award Girl Scout Kahlen Do

### ***Seeds for Seniors***



Irvine Gold Award Girl Scout Katerina Hanks

### ***Ocean Awareness: Marine Debris***



Orange Gold Award Girl Scout Skyeler Byrnes

### ***The Rocks of Courageous Kids (R.O.C.K.) Garden***



Tustin Gold Award Girl Scout Brenna Dillon



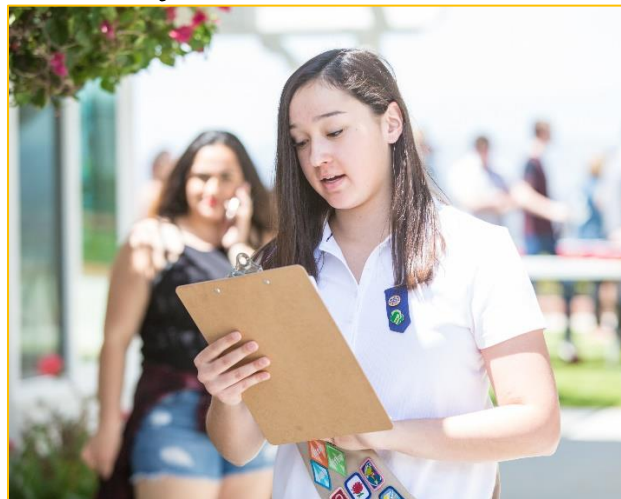


## **Children's Cultural Awareness Program**



Anaheim Gold Award Girl Scout Anh Voong

## **Four Out of Five**



Anaheim Gold Award Girl Scout Colette Grob

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### **Special Thanks to the Girl Scouts of Orange County Girl Scout Gold Award Support Team**

#### **Girl Scout Gold Award Support Team Chair**

**Karin Carlson**

#### **Girl Scout Gold Award Liaisons**

**Katie Casey-Anderson**

**Gina Cervino**

**Ann Crane**

**Barb Christensen**

**Siobhan Hickey**

**Lisa Hinshaw**

**Mel Little**

**Addy Lerner**

**Kasie Leung**

**Christine Mueller**

**Sloane Petrillo**

**Dianna Sundell**

#### **Council Staff**

**Candice Bui**

**Lesley Finch**



**Girl Scouts of Orange County Thanks**

**LiveShoot-1 Professional Photography**

[www.liveshoot1.com](http://www.liveshoot1.com)

# CONGRATULATIONS to our National Gold Award Girl Scouts



National Gold Award Girl Scouts, Class of 2019, with GSUSA CEO Sylvia Acevedo

Every year, ten exceptionally inspiring Gold Award Girl Scouts are chosen as [National Gold Award Girl Scouts](#). This year, Orange County celebrates TWO OC Girl Scouts selected for this honor: Megan Loh and Isabella Madrigal!

This national honor is given to Girl Scout Seniors and Ambassadors whose Gold Award projects demonstrated extraordinary leadership, had a measurable and sustainable impact, and addressed a local challenge related to a national and/or global issue. These young women are generating much-needed change!

The National Gold Award Girl Scout program perfectly reflects the Girl Scout mission of building girls of courage, confidence, and character who make the world a better place. The program provides these young stars with the opportunity to inspire girls around the world and throughout the Girl Scout Movement—and serve as incredible examples of what it means to be a **G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)™**.



Pictured are Isabella Madrigal and Megan Loh with GSOC CEO Vikki Shepp.

To date, nearly 3,000 Orange County Girl Scouts have earned the Gold Award. Past National Gold Award Girl Scouts include Analucía Lopezrevoredo (2004), Liza Villanueva (2015), and Sharleen Loh (2017).



# 2019 National Gold Award Girl Scout

Girl Scout Ambassador Megan Loh was selected as one of ten 2019 National Gold Award Girl Scouts for her Girl Scout Gold Award, “GEARup4Youth.”



Megan has turned nearly 9,000 girls into the engineers of our future.

I love technology and always have, but sticking with it hasn't always been easy. When I went to my first tech camp in fifth grade, I walked into a room of 20 boys with only one other girl in sight. It was like, do I belong here? Of course I did, but being one of just two girls made me feel hesitant and nervous in a way that didn't feel good. I wanted to make a difference in my community and earn my Girl Scout Gold Award, so the clear path for me was to give girls a different experience in tech than I had—to give them support and show them that they do belong and that tech fields aren't simply open to them but need them.

I'd already started my nonprofit, GearUp4Youth, when I was in middle school to show girls how much fun they could have with technology. It was challenging at first to figure out what kind of activities girls could get the most out of and what they'd like the most—many girls aren't raised going to science, technology, engineering, and math (STEM) events from the time they're little like I was, so my workshops were their first taste of this world.

But over time, the coding classes I had first offered expanded into full-on robotics activities where girls can do things like program a helicopter robot to rescue a panda. Walking into a classroom and trying to win a bunch of young people over can be tricky, but seriously, if you involve a panda and make it fun, you're going to have a lot of interested girls on your hands!

So far, with the help of volunteers (I have more than 170 incredible volunteers across the world!), GearUp4Youth has reached more than 8,500 girls and a total of more than 17,000 young people overall. Plus, my high school counselor recommended me to speak on a panel at the United Nations, where I got to talk to international policymakers about how they could best support girls in STEM and build a network of influential and powerful women, including Her Royal Highness Dr. Nisreen El-Hashemite, who helped create the International Day of Women and Girls in Science.

The coolest things that have happened in my life so far have been a direct result of going for my Gold Award, but really nothing tops that feeling of seeing another girl really click with robotics the way I did when I was younger. Hopefully the girls I've worked with will keep exploring STEM and, together, we can transform the tech industry.





# 2019 National Gold Award Girl Scout

Girl Scout Ambassador Isabella Madrigal was selected as one of ten 2019 National Gold Award Girl Scouts for her Girl Scout Gold Award, “Cultural Strengthening Through Native Storytelling.”



Isabella wrote and directed a play to shine a light on violence against Native American women.

I go to a performing arts high school and just love theater. When you get a bunch of people on stage to tell a story and the audience is there to absorb it all, you're creating this incredible connection and sharing ideas in a way that will truly stay with people. Witnessing events unfolding right in front of you—experiencing them, rather than reading them in a book or hearing about them some other way—gets to a deeper part of your soul and makes you really think about the issues at hand.

One problem I noticed in theater, though, is that there still isn't enough diversity in terms of whose stories are being told and who's telling them. Telling the same few stories over and over isn't just less interesting but also detrimental to society, because it leaves out so many other perspectives and experiences that need representation. There was one issue in particular that I knew needed to be brought to the stage—one that affects people in my own culture. More than eight in ten Native American women have experienced physical, sexual, or psychological violence in their lives, and the rate of missing and murdered women on some reservations is ten times higher than that of the rest of our country's population. Nobody's talking about this, though, and it's devastating.

I wanted to transform traditional stories from the Cahuilla tribe—especially those that touch on missing and murdered indigenous girls—into a play that could bring hope and healing to the community. But I didn't know how I'd go about taking on such a big project. That's when I heard about the Girl Scout Gold Award and learned that Girl Scouts has a whole framework to help girls like me take on ambitious goals with focused support. I hadn't been a Girl Scout since I was little, but when I realized Girl Scouts could help make my dream come true, I signed right back up.

I'd never written a whole play before, let alone directed a cast of 30 people (many who'd never acted before)! It was a huge project, but my mentors kept pushing me in the right direction, urging me to ask the right questions and pause to think when I needed more inspiration. I learned so much about connecting not just with audiences but also with my own cast and with the community while networking to figure out when and how the play would be produced.

It turned out, people were hungry for these stories, and I got a lot more support than I expected. So far, the play, *Menil and Her Heart*, has been performed in front of about 300 people, and we have more performances planned. For me, being on stage isn't about the attention or the glamour, it's about activism and giving strength to my community. I feel the same way about being a Gold Award Girl Scout. Yes, it's obviously exciting to have so much attention put on my work, but what I hope for most is that the message gets out there and that more stories from the Native American culture are given the spotlight they've so long deserved.



# Girl Scouts of Orange County 2019 Silver Award Girl Scouts



The Girl Scout Silver Award is the highest award in Girl Scouting for Girl Scout Cadettes in grades 6-9. Each Silver Award Girl Scout develops a Take Action project to help improve her community and the world, and demonstrates that she is a leader who is organized, determined, and dedicated to contributing to the community in purposeful and meaningful ways. Congratulations to more than **435 OC Silver Award Girl Scouts!**

The Girl Scout Silver Award project is approved by volunteers who have been trained to support girls in developing a Take Action project befitting the standards of the award. The project may be conducted by girls as a troop, group or individual.

This listing includes more than 150 girls - representing more than 90 projects - who earned the award and submitted their names between October 1, 2018 and September 30, 2019.

*Note: Silver Award Girl Scouts are listed by region, service unit, troop number, and project title for ease of indexing.*



## Northeast Region

Orange Villa, Placentia, Santiago Creek, Yorba Linda East,  
Yorba Linda West

Santiago Creek Troop 2374

**Claire Abshire, Elodie Danet, Morgan McGinnis, Kalena Lenz**

### Helping Paws Near You

Animals/Pet Care

Partnered ALO hotel with animal shelters to donate used towels and sheets to the shelters for their animals.

Santiago Creek Troop 2374

**Emery Bullock, Maddy Bullock, Eden Kennemer**

### Trash to Art

Environment and Sustainability/Preserving Outdoor Spaces

Participated in beach clean up days and collected reusable items, cleaned them, then made art projects in community.

Santiago Creek Troop 2374

**Deanna Davidson, Sierra Iames**

### Healthy Mindset

Health/Mental Health

'Healthy Mindset' is an educational program made to focus on teaching young teens how to manage stress and anxiety.

Yorba Linda West Troop 81

**Taylor Adams**

### Coloring books for Waymakers program

Healthy Relationships/Domestic Violence

Created 100 coloring books for children who are impacted by domestic violence or other offenses in the home.

Yorba Linda West Troop 81

**Colette Kim**

### Dental/Toiletry Kit for the Homeless

Poverty/Homelessness

Gathered dental items to make into a useful hygiene kit to give out to the homeless at Mary's Kitchen.



Yorba Linda West Troop 81



Yorba Linda West Troop 81

### **Sydney Kim**

#### **Care packages for Meals On Wheels**

Elderly Issues/Elder Care

Made care packages for seniors that they may not have or items that they could not afford.

Yorba Linda West Troop 81

### **Ashley Lopez, Grace May, Isabelle Rodriguez**

#### **Easter Cheer for H.I.S. House**

Poverty/Homelessness

Made blankets, filled and distributed customized baskets of essentials, organized an Easter Egg hunt, and hosted a breakfast for the 30 homeless children residing at H.I.S. House.



Yorba Linda West Troop 81

Yorba Linda West Troop 81

### **Darby Nicholson, Keira O'Connell**

#### **Disability Awareness**

Disability/Disability and Special Needs Issues

Hosted an event and created a program kit to raise awareness.



Yorba Linda West Troop 81



Yorba Linda West Troop 81

### **Kaylyn Oh**

#### **Healthy and Pure**

Health/Hygiene

Hand-made reusable regular/overnight pads, liner kits, and picture directions for Honduras girls to have and learn to make their own.



Yorba Linda West Troop 81

Yorba Linda West Troop 1222

### **Kayla Drake-Weepie**

#### **Books for Youth in Need**

Poverty/Homelessness

Developed a book corner for homeless youth at H.I.S. House. Built a bookcase, organized a book drive, and led storytime.

Yorba Linda West Troop 1991

### **Caroline Kargenian, Sophya Salti**

#### **Red Bucket Red Rangers**

Animals/Pet Care

Developed a monthly club to teach elementary children how to take care of and help with rehabilitating equestrian animals.



Yorba Linda West Troop 1991



## Northwest Region

Anaheim, Brea, La Cypress Park, Los Alamitos/Rossmoor

Anaheim Troop 675

**Kayla Cheng, Allyson Morishita**

**Mochitsuki: Keeping the Tradition Alive**

Arts, Culture, and Heritage/Cultural Awareness  
Created a presentation (and booth) to educate the Orange County Optimist community about the Japanese New Year tradition of Mochitsuki.



Anaheim Troop 675

Anaheim Troop 675

**Carina Furumoto, Kallyn Kumagawa, Gwen Takagi**

**Ready...Set...Go!**

Disaster Relief/Fire  
Created and ran an educational game booth that taught the community how to prepare and evacuate for a fire.



Anaheim Troop 675

Anaheim Troop 675

**Alyssa Ige, Shannon Ueno**

**Helping Foster Adolescents**

Children's Issues/Foster Care  
Donated 145 care packages (hygiene/school supplies) for Olive Crest foster children; created a presentation for Cadettes about Silver Award guidelines.



Anaheim Troop 675

Anaheim Troop 675

**Kayla Kashima, Lauren Ueno**

**Flag Etiquette**

Civic Engagement/Community Development  
Created a workshop teaching other Girl Scouts about the importance of flag etiquette.



Anaheim Troop 675

Anaheim Troop 675

**Kathryn Nakahira, Courtney Yada**  
**STEM Robotics Class**

STEM/Robotics  
Developed a class to encourage girls' interest in STEM through Lego Robotics and an opportunity to earn robotics badges.



Anaheim Troop 675



Los Alamitos/Rossmoor Troop 2284

**Alexa Blankenstein, Lauren Cline,  
Elayna Hodge, Harmony  
Householder, Kaitlyn Talsma, Alex  
Tarver**

### **Bags of Love for Miller Children's Hospital**

Health/Mental Health

Orchestrated workshop to create 65 "Bags-of-Love" filled with handmade blankets and toys for long-term patients to provide support and comfort.

Los Alamitos/Rossmoor Troop 2382

**Elizabeth Bon, Emily Burch, Alicia  
Tan**

### **Thank You Grams - Teacher & Staff Appreciation Week**

Civic Engagement/Community Development

Created an annual student involved opportunity for 1200 students to write personalized Thank You Grams for teachers and staff.



Los Alamitos/Rossmoor Troop 2382

Los Alamitos/Rossmoor Troop 2293

**Maya Cohen-Doron, Taylor Howe,  
Una O'Farrell, Ava Widener**

### **The Birdhouse Project**

Environment and Sustainability/Preserving Outdoor Spaces

Built birdhouses to place in a garden and created a booklet of birds to educate students.

Los Alamitos/Rossmoor Troop 2293

**Haley Lam, Megan Nakasone, Vivian  
Tsai, Anne Ta**

### **Veteran Resources**

Military/Veterans' Affairs/Veterans' Issues

Created pamphlets with veteran resources for healthcare, shelter, food, job and financial assistance that's distributed through Long Beach Rescue Mission.



Los Alamitos/Rossmoor Troop 2293



## **North Central Region**

Fullerton/La Habra, Garden Valley, Seal Beach, West Garden

Fullerton/La Habra Troop 2459

**Brody Makua**

### **Ocean Awareness; Laguna Ocean Foundation**

Environment and Sustainability/Climate Change  
Partnered with Laguna Ocean Foundation to develop an educational exhibit/activity to help the community understand the importance of seaweed.



Fullerton/La Habra Troop 2459

Fullerton/La Habra Troop 2830

**Ava Carlson, Cathryn Carlson, Gema  
Granada, Nancy McLaughlin,  
Brooklyn Mote, Cassidy Mullens,  
Sarah Percy, Isabelle Sebourn,  
Taylynn Zuluaga**

### **Be You**

Arts, Culture, and Heritage/Art

Completed in April 2017, Troop 2830 earned Silver Award by creating an all inspiring "Be You" wall mural.



Fullerton/La Habra Troop 2830

Fullerton/La Habra Troop 3408 IIOC's Girl Scout  
**Dana Mussa, Jumana Mussa, Nahar Mussa**

### **Bridging between Police and minorities**

Public Safety/Policing

This project was developed to improve the relationship between Police and minorities. The positive impact created was trust and friendship.

Garden Valley Troop 3375

**Izabelle Carrasco, Aubrianna Vatnsdal**

### **Walker Caddies for the Elderly**

Elderly Issues/Senior Centers

Created 50+ walker/wheelchair caddies for the elderly and donated to local assisted living homes to distribute to residents in need.



Garden Valley Troop 3375



## **Central Region**

Anaheim Hills, Newport Harbor, Newport Mesa, Tustana, Tustin East

Anaheim Hills Troop 3054

**Vivienne Ho, Regan Mading, Mia Rinaldi, Teah Swartzon**

### **Imagine: Creative Writing Workshop for Bilingual Students**

Education/Literacy

Established the Imagine Creative Writing workshop.

Anaheim Hills Troop 3054

**Ella Ortiz**

### **School Chapel Prayer Table**

Arts, Culture, and Heritage/Cultural Awareness

Worked with donors to create a prayer table in school chapel.

All who entered could borrow religious items to pray.



Anaheim Hills Troop 3054

Newport Mesa Troop 2336

**Malia Conteras, Delaney Gahm, Khloe Kirk, Megan Lachman, Ashlee Powell, Audrey Presby, Lily Serero, Scarlet Singly, Savannah Stefani, Lily Toohey**

### **Our Senior Community**

Elderly Issues/Elder Care

We developed a plan for our local Daisy troops to reach seniors in the community.



Newport Mesa Troop 2336

Newport Mesa Troop 3203

**Taylor Mahan**

### **Animal Care and Adoption**

Animals/Pet Care

Made cat toys and dog blankets for the West Valley Humane Society.

Newport Mesa Troop 3283

**Cheyenne Collins**

### **Homeless Pet Awareness Project**

Animals/Animal Adoption

Volunteered, made, distributed cat toys, scratchers and braided dog pulls for Priceless Pets. Ran Pet Badge Workshop for Brownie Troop.



Tustana Troop 2363

**Michelle Ayala, Mia Octavio, Miranda Roa**

**The Silver Lining**

Health/Mental Health

Created an interactive blog that helps students feel prepared for the challenges of high school and a way to share their experiences with others.



Tustana Troop 2363

Tustin East Juliettes

**Carolina Hernandez, Elise Lockwood**  
**Adopting a Rescue Dog**

Animals/Animal Adoption

Worked with OC Animal Care to promote "adopt don't shop" and provide new pet owners information for adopting a rescue dog from a shelter.

Tustin East Troop 2333

**Elizabeth Leo**

**Wisteria Community Emergency Preparedness**

Disaster Relief/Earthquake

Organized and recorded three classes for the Wisteria Community for emergency preparedness and posted video to YouTube for wider distribution.

Tustin East Troop 2333

**Kaitlyn Vu**

**Spreading Inspiration One Painting At A Time**

Arts, Culture, and Heritage/Visual Arts

Painted inspirational quotes to help kids feel confident and build self-esteem as they transitioned from elementary to middle school.

Tustin East Troop 2482

**Paityn Bowen, Haley Kothari, Jamie Quach**  
**Bridging the Generations**

Elderly Issues/Senior Centers

Developed a pen pal program between Myford Elementary students and Del Obispo Terrace Senior Living residents in San Juan Capistrano.



Tustin East Troop 2482

Tustin East Troop 2482

**Elsa Choi, Jenna Flechner, Elie Phan, Mikayla Vu**

**Myford Garden Restoration Project**

Environment and Sustainability/Preserving Outdoor Spaces

Restored and beautified the garden at Myford Elementary School to create a usable area for classrooms to come out to learn and enjoy.

Tustin East Troop 3460

**Cassandra Ayuyao, Jennifer Quinteros, Sofia Rivera**

**Proper Care for Adopting a Rescue Dog**

Animals/Pet Care

Created a video of proper tips for care for new owners of rescue dogs and gathered supplies for blankets and dog toys for OC Animal Care.

Tustin East Troop 4615

**Keilah Serrano**

**Art Therapy Kits**

Children's Issues/Child Abuse

Delivered over 50 art therapy kits to Orangewood Family and Children Center to help children with anxiety.



Tustin East Troop 4615



## Central Coast Region

HB Pierside, Huntington Harbor, Ocean View, Surf City

HB Pierside Troop 2370

### Kelsea Encarnacion

#### Fostering Kittens

Animals/Pet Care

Fostered kittens which benefited the kittens and staff at the shelter. Kittens' lives were saved and adopters got great kittens.

HB Pierside Troop 3267 the Seekers

### Madeline Austin, Kristen Chun, Lila Coates, Brooke Han, Reina Han, Lori Shrikian

#### Summer Cursive Writing Workshop

Arts, Culture, and Heritage/Languages

Taught the public how to write cursive in order to preserve our history and heritage.

Ocean View Juliette

### Mia Colangelo

#### Giving Shelter Pets A Second Chance

Animals/Animal Adoption

Collected materials to make comfort kits for shelter animals; they promote successful adoption and easier transitions to a new home.



## Mid South Region

North Irvine, Heart of Irvine, Lake Forest, South Irvine

North Irvine Troop 3162

### Rebecca Kornu

#### Destination: Healthy Eating

Health/Nutrition

Created a presentation and model to show younger kids how to read nutrition facts.



North Irvine Troop 3162

Heart of Irvine Juliette

### Samantha Yu

#### Together We "Can"

Environment and Sustainability/Pollution

Completed a Recycling Drive and Developed an education program to educate local community. Developed a recycling sorting game for kids.



Heart of Irvine Juliette

Heart of Irvine Troop 2526

### Gabriella Eckstrom, Rylie Hosokawa, Cecelia Joseph

#### Rainbow Recyclers

Environment and Sustainability/Pollution

Organized a crayon and marker recycling program that collected over 12,000 pieces in one year.



Heart of Irvine Troop 2526

Heart of Irvine Troop 2644

### Anisha Bhatnagar

#### Peer to Peer Tutoring

Education/Career Training

Partnered with schools to pave the way for students to help peers in after school programs.





Heart of Irvine Troop 2644

Heart of Irvine Troop 3648

**Ida Ahola, Shams Bahrani, Hiba Khan, Shreedevi Murugan, Shefali Sinha, Aarya Sudheer**

### **Girls for Women**

Healthy Relationships/Domestic Violence

Assembled toiletry kits for victims of domestic violence in shelters and educated young girls about domestic violence and how to help.



Heart of Irvine Troop 3648

Heart of Irvine Troop 3648

**Rhea Sheth**

### **Helping End Period Poverty**

Health/Hygiene

Machine-stitched sanitary supplies kits for women.



Heart of Irvine Troop 3648

Heart of Irvine Troop 4523

**Audrey Huynh, Kimberly Lau, Cassandra Quilanita, Michelle Schaeffer, Sarah Taylor**

### **Save the Monarch Butterflies**

Environment and Sustainability/Preserving Outdoor Spaces

Created educational video and slides and distributed free Asclepias seeds/flyers to educate the community about the importance of Monarch Butterflies.

Lake Forest Troop 1793

**Anum Ghulamali, Suhani Pawar**

### **Tech Help for Senior Citizens**

Elderly Issues/Senior Centers

Held "Tech Corner" for 1-2 hours 2-3 times a week. The seniors got questions answered about their electronics.

Lake Forest Troop 1793

**Megan Regier**

### **Project Read-Aloud**

Education/Literacy

Filmed and edited videos of girls reading aloud children's books for patients at CHOC Children's Hospital to promote literacy.



Lake Forest Troop 1793

## Jessica Rousselle

### Trauma Dolls for CHOC

Health/Mental Health

Created 100 Trauma dolls and get well cards to help hospitalized children better understand and cope with their stressful situation.



Lake Forest Troop 1793

South Irvine Troop 1085

## Catalina Alonzo

### Keep the Sea Plastic Free Patch

Environment and Sustainability/Pollution

Created an educational video and a patch to encourage Girl Scouts to reduce plastic pollution in the ocean.

South Irvine Troop 1085

## Kacy Chung

### Little Free Library

Education/Literacy

Constructed a take-and-return library for clients at Working Wardrobes allowing one to read books of all genres for free.

South Irvine Troop 2331

## Mallika Cadin, Maanika Rangi, Amber Yeung

### Reusing T-Shirts to Help Our Community

Environment and Sustainability/Pollution

Educated local community on how to convert t-shirts into bags for self use or charity via Youtube and moneymaking project.



South Irvine Troop 2331

South Irvine Troop 2331

## Alice Henderson

### Special Needs Roller Skating

Disability/Disability and Special Needs Issues

Partnered with Fountain Valley Skating Center to introduce roller skating with modifications to accommodate special needs children.



## South Coast Region

Aliso Viejo, Laguna Beach, Niguel Coast, San Clemente

Aliso Viejo Troop 3363

## Brooklyn Kostoff, Jasmine Patel Summer Volleyball camp for Boys and Girls Club

Sports/Underprivileged Kids

Developed and conducted a 10-week Volleyball training class for the Boys and Girls Club, Aliso Viejo Branch.



Aliso Viejo Troop 3363



Laguna Beach Troop 649

**May Chapman, Emmy Holtschneider**  
**Apex Protection Project Junior Volunteer Program**

Animals/Animal Safety

Provided volunteer opportunities for kids at Apex Protection Project.

Laguna Beach Troop 649

**Ophelia Chapman**

**Laguna Food Pantry Recipe Brochures**

Health/Nutrition

Made recipe brochures for Laguna Food Pantry.

Laguna Beach Troop 649

**Savannah Easton, Maesen Silva**

**Garden for Youth Shelter**

Environment and Sustainability/Farming

Created a garden at a local youth shelter for the children that will stay there.



Laguna Beach Troop 649

Laguna Beach Troop 649

**Olivia Tigner**

**Little Library for Boys & Girls Club Laguna Beach**

Education/Literacy

Created a little free library for kids at Boys & Girls club to encourage reading at a young age.



Laguna Beach Troop 649

Laguna Beach Troop 1857

**Kirra Moore**

**Kindness Starts Here**

Healthy Relationships/Bullying

Created a kindness program for student leaders who were identified with backpack buttons as safe to turn to on campus.



**South County Region**

Ladera Valley, Mission Viejo, Oso Valley, Rancho

Portola, Rancho Trabuco

Ladera Valley Troop 3701

**Kaitlin Rock**

**Recipe Books For Food Bank**

Health/Nutrition

Created and distributed cookbooks with recipes corresponding to the food provided by Second Harvest Food Bank and Helping Hand.



Ladera Valley Troop 3701

Mission Viejo Troop 3743

**Kaila James, Grace McCullough**

**Sending Blankets to Kids in Africa**

Health/Global Health

Made and shipped blankets to Africa.

Rancho Trabuco Troop 1959

**Vaidehi Bhardwaj**

**Heart Health Information Booth**

Health/Global Health

Hosted a Heart Health informational booth to teach children and adults about heart-healthy fitness and nutrition, heart diseases, and statistics.



Rancho Trabuco Troop 1959

Rancho Trabuco Troop 1959

**Erin Chickering**

**Cello Stops**

Arts, Culture, and Heritage/Music

Designed and created durable cello stops for the music students to use for years to come.

Rancho Trabuco Troop 1959

**Charli DeBerard**

**Robinson Elementary Courtyard Map**

Children's Issues/Mentoring

Repainted the folded USA map for the Robinson Elementary School of 600+ students.



Rancho Trabuco Troop 1959

Rancho Trabuco Troop 1959

**Allison Nagy**

**Are Ya (Painting) Chicken?**

Arts, Culture, and Heritage/Art

Painted a chicken wing mural for kids to take pictures with and share about Trabuco Elementary online.

Rancho Trabuco Troop 2898

**Alexis Nielson**

**Ending Childhood Marriages in California**

Human Rights/Girls' and Women's Rights

Campaigned to make child marriage illegal in the State of California. Raised Awareness and educated legislators on the issues.

Rancho Trabuco Troop 2898

**Saanvi Vishwakarma**

**Addressing Overpopulation in Shelters**

Animals/Animal Adoption

Fostered a kitten named Declan for a week to promote animal adoption.

**Congratulations, Silver Award  
Girl Scouts!**

**Thank you to all Girl Scout  
Cadette Troop/Group  
Volunteers.**



**Do you know a 2019 Orange County  
Silver Award Girl Scout  
who should be recognized here?**

**Kindly send info for any additional  
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who completed a project *between*  
October 1, 2018-September 30, 2019  
to Customer Care to request  
inclusion in a quarterly update.**

**[CustomerCare@girlscoutsOC.org](mailto:CustomerCare@girlscoutsOC.org)**





# Girl Scouts of Orange County 2019 Bronze Award Girl Scouts



The Girl Scout Bronze Award is the highest award in Girl Scouting for Girl Scout Juniors in grades 4-5. Each Bronze Award Girl Scout develops a Take Action project to help improve her community and the world, and demonstrates that she is a leader who is organized, determined, and dedicated to contributing to the community in purposeful and meaningful ways. Congratulations to **622 OC Bronze Award Girl Scouts!**

The Girl Scout Bronze Award is approved by volunteers who have been trained to support girls in developing a Take Action project befitting the standards of the award. The project may be conducted by girls as a troop, group or individual.

This listing includes more than nearly 365 girls - representing more than 70 projects - who earned the award and submitted their names between October 1, 2018 and September 30, 2019.

*Note: Bronze Award Girl Scouts are listed by region, service unit, troop number, and project title for ease of indexing.*



## Northeast Region

Orange Villa, Placentia, Santiago Creek, Yorba Linda East, Yorba Linda West

Orange Villa Troop 3173

**Julia Ettipio, Layla Farzad, Caroline Frankle, Kaelyn Hoei, Madelyn Hoei, Bailey Jeng, Ella Kim, Keira Low, Colette Tran**

### **Storytime at the Public Library**

Education/Literacy

Educated community about benefits of reading /crafting at an early age.



Orange Villa Troop 3173

Orange Villa Troop 3480

**Megan Bostic, Isabelle Brule, Aliana DeMarco, Celiana Eaton, Soluna Esparza, Kaydee Felipe, Addison Hansen, Sadie Hillebrecht, Justine Luna, Teresa Mendoza, Emma Muse, Malana Nguyen, Carol Reyna-Jackson**

### **Helping Hands from the Heart for Seniors**

Elderly Issues/Senior Centers

Collected cards for Seniors and educated schoolmates on elderly issues.



Orange Villa Troop 3480

Orange Villa Troop 3523

**Elly Alvarez, Eva Camera, Emily Cooper, Anika Desai, Gia Desai, Rachel Dorgan, Nicole Gray, Katie Musquez, Maile O'Neill, Justine Patriquin, Alexis Shader**

### **Bags of Hope**

Poverty/Homelessness

Collected donations, created "bags of hope" for distribution to homeless.



Orange Villa Troop 3523

Orange Villa Troop 4082

**Kloe Avelar, Cameron Fleming, Valerie Forsberg-Castle, Kyleigh Mansfield**

### **St. Paul's Lutheran Church Felt Quiet Books**

Children's Issues/Infant Care

Designed and donated felt quiet books so small children can stay in church with their parents.



Orange Villa Troop 4082

Yorba Linda East Troop 3240

**Margaret Barry, Maycie Brown, Priscilla Daigneault, Claire Flanagan, Charlize Jurilla, Sophia Marcotte, Rachel Ramos, Caroline Thompson**

### **Giving Back to Veterans**

Military/Veterans' Affairs/Veterans' Assistance  
Hosted Veterans Day at School. Donated to Veterans Homeless Shelter.



Yorba Linda East Troop 3240

Yorba Linda East Troop 3292

**Emily Carr, Emili Chavez, Mckayla Dixon, Elise Doty, Sophia Dufour, Arianna Moszaka, Journey Mou, Paige Ollivier, Brooke Siemons, Lauren Temple**

### **Support Travis Ranch Middle School Special Education Department**

Disability/Disability and Special Needs Issues

Provided board game drive/ tie-dye spirit shirts for TRMS Special Education.



Yorba Linda East Troop 3292

Yorba Linda West Troop 3244

**Ariann Baldado, Morgan Bollin, Samantha Chirco, Katie Delaney, Aileene Garcia, Kara Gittisriboongul, Evany Hernandez, Nadeen Jaridly, Audrey Louie, Maggie Pang, Sophia Raja, Aurora Thompson, Ella Wong, Julia Wong, Avery Yang, Tiana Zhang**  
**"Book Drive and Thrive Party"**

Education/Literacy

Held an event to promote awareness and support for ECBC.





Yorba Linda West Troop 3620

### **Catherine Elias, Bailey Reid** **Helping Reptiles Shed their Skin**

Animals/Pet Care

Educated SisTroops about reptile care, Made critter caves, using LG-PVC & burlap to help reptiles shed their skin safely. Educated friends about how reptiles shed their skin and how it's important not to help them. We created devices to help reptiles shed their skin.



Yorba Linda West Troop 3620

Yorba Linda West Troop 3620

### **Savannah Chang, Grecia Chavez, Sophia Jones, Olivia Khanbeigi, Audrey Liang, Ava Marks, Ava Salti** **Animal Rescue**

Animals/Animal Adoption

Partnered with OC Animal Shelter to help making toys for kittens that were to be adopted.



## **Northwest Region**

Anaheim, Brea, La Cypress Park, Los Alamitos/Rossmoor

Anaheim Troop 855 OCBC Junior Troop

### **Madison Huerta, Sela Ju, Kristin Ng, Kayla Takesita, Justine Ueno, Emma Wakabayashi, Mara Williamson, Tamlyn Yoshida**

#### **Helping Our Local Animal Shelters**

Animals/Animal Adoption

Made dog toys and collected items for animal shelters.



Anaheim Troop 855 OCBC Junior Troop

Brea Troop 1104

### **Carina Clarin, Rachel Gabriel, Madison Hoogenboom, Maya Jamero, Hannah Kim, Maya Mulay, Anya Pandit, Maddison Stafford, Morgan Wilburn, Holly Yerkish**

#### **Family Geocaching**

Health/Fitness

Invited Brownies to bring their families to the Brea Trail and learn how to Geocache.



Brea Troop 1104

Brea Troop 3598

### **Emily Bennett, Alessa Bogan, Gianna Tuso**

#### **Buddy Benches**

Healthy Relationships/Bullying

Created Buddy Benches for school.

Brea Troop 7101

### **Nicole Alatorre, Sofia Best, Khloe Borbon, Briana Chagolla, Ashley Chavez, Grecia Chavez, Juli Morales, Angelique Osnaya, Lily Vest**

#### **Homemade Paracord Collars for Homeless Pets**

Animals/Animal Adoption

Created handmade paracord collars with hearts for homeless pets.



Brea Troop 7101

La Cypress Park Troop 3712

**Avery Anesi, Mia Arangure, Katie Barber, Isabella Garcia, Valerie Serna**  
**Spreading Love to Animals**

Animals/Animal Adoption  
Donated hand-made toys and supplies.



La Cypress Park Troop 3712

La Cypress Park Troop 3712

**Claire Marano**  
**Bringing Birthday Cheer**

Poverty/Homelessness  
Reorganized and stocked the pantry.



La Cypress Park Troop 3712

La Cypress Park Troop 3712

**Isabella Faro, Ruby Elizarraras, Emily Miranda, Kylie Rizzo**  
**Support for the Ronald McDonald House of Orange County**

Health/Diseases  
Created awareness and a pop tab drive to benefit families staying at the Ronald McDonald House. Cooked meals, donated welcome bags filled with personal needs items, and helped cheer and support the Annual Ronald McDonald Walk for Kids Event.



La Cypress Park Troop 3712

La Cypress Park Troop 3712

**Christine Powell**  
**Walk for a Cure!**

Health/Diseases  
Collected pull tabs, cooked, and played with sick children.



La Cypress Park Troop 3712

Los Alamitos/Rossmoor Troop 3186

**Lucie Dodge, Gianna Jordano, Sophia Shalby, Kaylee Ton, Mia Ward**  
**Saving Neglected Animals**

Animals/Animal Adoption  
Raised money for kitten food at local pet shelter.



Los Alamitos/Rossmoor Troop 3186



Los Alamitos/Rossmoor Troop 5095

**Madelyn Berganth-Olivas, Mareena Flores, Sydney Perez, Amy Spurlock**

### Helping Animals

Animals/Pet Care

Organized supply drive at school and neighborhood for two shelters.



Los Alamitos/Rossmoor Troop 5095



## North Central Region

Fullerton/La Habra, Garden Valley, Seal Beach, West Garden

Fullerton/La Habra Troop 3335

**Kayleen Dee, Vivian Wizikowski**

### Spreading Confidence and Kindness

Health/Self-image

Helped spread positive messages through messages in bathrooms.



Fullerton/La Habra Troop 3335



## Central Region

Anaheim Hills, Newport Harbor, Newport Mesa, Tustana, Tustin East

Anaheim Hills Troop 858

**Sophie Espinoza, Elika Esmaeili, Lenna Hakimi, Kiana Johnson, Jillian Lantello, Eva Melendez, Addison Purcha, Megan Reta, Camille Sellers, Grace Simonian, Jenna Vaughn**

### Busting Stereotypes Girls Can't!

Human Rights/Girls' and Women's Rights

Educated classmates about gender stereotypes.



Anaheim Hills Troop 858

Anaheim Hills Troop 3258

**Alexandra Burke, Megan Dali, Mia Dali, Sonia Desai, Ava Maertz, Brynn Martindale, Natalia Sanaryan, Sree Vadlamudi**

### Troop 3258 Cares about OC Animals

Animals/Pet Care

Collected donations for critical supplies and made blankets and heating pads for orphan kittens and other animals.



Anaheim Hills Troop 3258

Anaheim Hills Troop 3351

**Stacey Brooks, Elli Copenhaver, Adria Eickhoff, Syna Grover, Alison Holas, Alexandra Peregrino**

**All About Water!!**

Environment and Sustainability/Clean Water  
Researched, experimented & educated about importance of clean water/usage. Recycled and donated proceeds. Held 3 mile water walk.



Anaheim Hills Troop 3351

Newport Mesa Troop 3168

**Riley Betson**

**Support Pet Adoption**

Animals/Animal Adoption  
Volunteered at and made cat/dog toys and peanut butter/oats dog treats and delivered to Priceless Pets Animal Shelter.



Newport Mesa Troop 3168

Newport Mesa Troop 3203

**Chloe Larson**

**Toys for Pets in Need**

Animals/Pet Care  
Facilitated Brownie Pets badge workshop to educate girls on on pets and shelter animals and made toys for shelter animals.



Newport Mesa Troop 3203

Tustana Troop 3331

**Bailey Bridgman, Bryanna Mendez, Giuliana Modica, Haley Ngo**

**Forever Families. Agents of Change for Foster Children.**

Children's Issues/Foster Care  
Brought awareness about needs of foster children.



Tustana Troop 3331

Tustana Troop 3307

**Andrea Craven, Shireen Einollahi, Kailey Faircloth, Mallory Fowers, Natalie Kavanagh, Alyssa Kay, Alexa Lindauer, Lynn Morishita, Caroline O'Neal, Claire Shih, Serenity Sterling**

**Arroyo Reading Garden**

Education/Literacy  
Established library stand and held book drive for Arroyo playground



Tustana Troop 8430

**Chloe Baldrige, Isabella Brown,  
Alexa Campos, Ruby Lau, Emelie  
Ortega, Angie Quinonez, Leilah Reyes**  
**Heritage Museum Sensory Garden  
Project**

Environment and Sustainability/Preserving Outdoor  
Spaces

Upcycled trash from beach then used for children's sensory  
garden and installed a Ladybug Garden at Girl Scout Niguel  
Botanical Preserve.



Tustana Troop 8430

Tustin East Juliette

**Adeline Bokkes**

**Lake Forest Nursing Home Visits and  
Monthly Decorating**

Elderly Issues/Senior Centers

Visited frequently, decorated, made crafts, sang, gave  
Christmas gifts, listened, loved, visited elderly residents  
socially, and regularly decorated hallways with handmade  
decorations.



Tustin East Juliette

Tustin East Troop 3376

**Maddison Boyes, Sophia Choi, Asha  
Daftary, Finley McConnell, Emma  
McHale, Jamie Ramirez, Isabella  
Yessian, Kateyln Yoo**

**Changing the World: One Uniform At A Time**

Poverty

Conducted a uniform clothing drive for a local school.



**Central Coast Region**

Huntington Harbor, HB Pierside, Ocean View, Surf City

Huntington Harbor Troop 6235

**London Baudisch, Isabella Hall,  
Kiernan Heggtveit, Madison Mark,  
Chloe Martin, Evelyn Mendez,  
Camille Morales, Ava Parrish, Mia  
Parrish, Sage Slack, Amelia Thomas**

**Girl Scouts Against Bullying**

Children's Issues/Mentoring

Educated classmates and other GS about the types of  
bullying and the effects and started a website  
[www.gsagainstbullying.com](http://www.gsagainstbullying.com)

HB Pierside Troop 3372

**Alex Kast, Kathleen Le, Annaleah  
LaParne, Colleen Lesovsky, Keirnan  
Meadows, Shannon Mitchell, Sarah  
Nowak, Maggie O'Byrnes, Sophia  
Romo, Jacqueline Saucedo**

**Grow Healthy Food to Give Those in Need**

Health/Nutrition

Planted a garden growing healthy food for those in need.  
Grew organic food to donate to Second Harvest Food Bank.



HB Pierside Troop 3372



Surf City Troop 4644

**Sophia Campagna, Lana Clifford,  
Maddison Gebbie, Malia Scott-  
Pacheco, Gianna Trigo**

### **Community Garden Mural**

Arts, Culture, and Heritage/Art

Created a butterfly wing mural at a local community garden.



Surf City Troop 4644



## **Mid South Region**

Lake Forest, North Irvine, Heart of Irvine, South Irvine

Lake Forest Troop 3288

**Sadie Ashcoff, Riley Caha, Marley  
Hall, Keira Morgan, Ryane Sarvis,  
Kyla Siewert, Nora Siewert**

### **Healing Horses**

Helped create a warm, welcoming environment for people utilizing equine therapy to help with mental health issues.



Lake Forest Troop 3288

Lake Forest Troop 3685

**Shreyasmi Dolui, Sonal Gill, Mayden  
Jacobsson, Riley Keller, Olivia  
Shahbazian, Anna Spratlin, Nadine  
Tobeh**

### **Toys & Blankets for Animal Shelter**

Animals/Animal Adoption

Made toys and blankets to keep animals warm and entertained.



Lake Forest Troop 3685

Lake Forest Troop 3359

**Carly Baxter, Olivia Bullock, Amanda  
Chi, Niamh Crawford, Clara Kannedy,  
Madison Lee, Kaitlin Maher, Lily  
Sandberg, Keilani Sullivan, Makayla  
Sullivan**

### **Feeding Orange County**

Poverty/Hunger

Conducted three service projects to feed people in Orange County.



Lake Forest Troop 3359



Lake Forest Troop 3359

**Julia Beezer, Gianna Cuccia, Addison Franko, Addie Percell, Riley Pratt, Kate Rhodenbaugh**

### **Feeding Orange County**

Poverty/Hunger

Organized a donation drive of supplies to benefit Orangewood Foundation.



Lake Forest Troop 3359

Heart of Irvine Troop 1808

**Vivian Hoang Cao, Sophia Chu, Madison Lopez, Julia Mai Vi Nguyen, Kristen Nguyen, Athena Phan, Vivienne Thuy-Khanh Su, Olivia Tonnu, Serena To**

### **Bottle Drive Donation and Tree Planting**

Environment and Sustainability/Preserving Outdoor Spaces

Held a bottle drive and used funds to grow trees around the world.



Heart of Irvine Troop 1808

Heart of Irvine Troop 2525

**Lauryn Chew, Kaitlyn Cho**

### **CARE Kits for Kids**

Poverty/Homelessness

Helped homeless children by donating comfort kits and made brochures to spread the word.



Heart of Irvine Troop 2525

Heart of Irvine Troop 2525

**Natalia Qaasim, Samantha Reyes**

### **The Last Straw**

Environment and Sustainability/Clean Water

ISSUE - Ocean Pollution - plastic straws

Researched & created materials to place in restaurants, encouraged restaurant owners to stop providing plastic straws, educated 100+ Girl Scouts and distributed bamboo straws.



Heart of Irvine Troop 2525

Heart of Irvine Troop 3531

**Leah Chen**

### **Friends Or Not?**

Healthy Relationships/Bullying

Created and shared a Gacha Life mini movie to help other girls struggling with a friendship problem.



Heart of Irvine Troop 3531



Heart of Irvine Troop 7543

**Ellie Chung, Stella Draeger, Rykyn Fan, Olivia Ganes, Ophira Hoang, Lana Lee, Marley Lee, Catherine Medvitz, Sophie Ruminson, Chloe Urianton, Emily Wang**

### **Kidworks Classroom Library**

Education/Literacy

Educated community about Kidworks. Gathered 1100 books. Purchased/ assembled bookshelves.



Heart of Irvine Troop 7543

North Irvine Troop 3314

**Samantha Bailey, Sarina Bastani, Kourtney Beaver, Blayze Borroto, Georgia Downs, Nika Namiri, Kayla Sermenio, Elizabeth Shobe, Kyra Silver, Jude Sufian, Neeka Zarrabi**

### **Beach Clean-Up**

Environment and Sustainability/Preserving Outdoor Spaces

Removed 400 pounds of trash at a community-wide beach clean-up.



North Irvine Troop 3314

South Irvine Troop 3515

**Alyssa Brown, Safia Firdaus, Diya Khanna, Elena Miyamoto, Isabella Sodorff**

### **Ladybug Garden**

Environment and Sustainability/Preserving Outdoor Spaces

Planted flowers and plants to create a Ladybug Garden.



South Irvine Troop 3515

South Irvine Troop 3515

**Gauri Agarwal, Julia Alcantara, Annie Fishburn, Miley Galmarini, Bella Westerfield, Mandy Zhou**

### **Horse Rescue Garden**

Animals/Animal Safety

Created a garden for the volunteers at a horse rescue.



South Irvine Troop 3515

South Irvine Troop 3660

**Emery Ankney, Hope Hudson, Evelyn Hwang, Tiffani Hsu, Cecilia Ryu**

### **Bunny Herb Garden**

Animals/Pet Care

Refurbished garden for animals by stripping planter, painting, and growing herbs.



South Irvine Troop 3660





## South Coast Region

Aliso Viejo, Laguna Beach, Niguel Coast, San Clemente

Niguel Coast Juliette/Troop 4407

### **Josephine Rojas, Sophie Spickard** **Lovebug Bags for Orangewood**

Children's Issues/Foster Care

Sewed bags for foster children, filled with donations and a little pocket to tuck a note of encouragement.

\* Contacted local seamstress who would be willing to feature bags that can be sewn by future/other Girl Scouts

\* Contacted local foster home/organization that would accept our and future donations of sewn bags filled with donations for personal care items



Niguel Coast Juliette/Troop 4407

Niguel Coast Troop 3208

### **Gracie Cram, Marisa Holm, Hannah Jones, Akira Kircher, Elisha Ng, Hailey Reed, Evangeline Scherffius, Emerson Valenti**

#### **Bee Education**

Environment and Sustainability/Preserving Outdoor Spaces

Created a video to educate people about bees.



Niguel Coast Troop 3208

Niguel Coast Troop 3381

### **Lekha Ananth, Jillian Barnes, Victoria Hernandez, Kylee Hooper, Malia Johnson, Roslyn Kilgore, Gianna Mantucca, Sienna Olsen, Scarlet Robinson**

#### **Seed Library**

Environment and Sustainability/Farming

Created seed library educating and benefiting JS Malcom Elementary community.



Niguel Coast Troop 3381

San Clemente Troop 3392

### **Clare McNamara**

#### **Fire Safety for Kids and Disaster Preparedness for Families**

Disaster Relief/Fire

Educated children on fire safety and disaster preparedness at home.



San Clemente Troop 3392

San Clemente Troop 3435

### **Emilene Dongelmans, Rhyse Fitzsimmons, Natasha Keck, Caroline Keckler, Rylee Kervick, Gabrielle Miller, Sydney Nosek, Caylee Perez, Ella Richardson, Ava Savasta, Amelia Villarete**

#### **Sensory Blankets for Seniors**

Elderly Issues/Senior Centers

Attended Bingo and made sensory blankets.





## South County Region

Ladera Valley, Mission Viejo, Oso Valley, Rancho Portola, Rancho Trabuco

Ladera Valley Troop 3134

**Malia Cathcart, Gigi Harbour, Kacie Karchem, Aria Roldan, Sophia Roldan, Shayna Wexler**

### A Muse-ical

Arts, Culture, and Heritage/Performing Arts  
Wrote and performed in a musical to inspire others to have courage and confidence.



Ladera Valley Troop 3134

Ladera Valley Troop 3296

**Hailey Bukewihge, Audra English, Autumn English, Amelia Krogulski, Joyce Li, Sierra Miller, Sophia Stein**

### CHOC Book Drive

Civic Engagement/Community Development  
Organized a book drive to benefit CHOC

Ladera Valley Troop 3743

**Zaleeya Dhalla, Paige Moss, Alina Mottiwala, Nicole Scrimsher, Dasha Updegraph, Riley Wade**

### Coral Reef Education and Beach Clean Up

Environment and Sustainability/Clean Water  
Educated community on protecting coral reef by using safe sunscreen.



Ladera Valley Troop 3743

Oso Valley Troop 3287

**Presley Bruno, Lucy Ferris, Paige Holland, Alyssa Jenkins, Allie Kraiss, Miranda Milton, Lauren Rehmeier, Meghan Rehmeier, Reagan Rios, Arielle Tal, Victoria Volpe**

### Beach Clean-Up: Trash and Pollution Awareness on our Beaches

Environment and Sustainability/Preserving Outdoor Spaces  
Educated our community about pollution/trash at our local beaches.



Oso Valley Troop 3287

Oso Valley Troop 3379

**Cheyenne Dang, Brooklyn Devour, Grace Gogo, Sofia Gozzo, Courtney Julian, Grace Mansour, Samantha Nguyen, Hannah Russell, Katie Stiverson, Charu Tripathi, Brooklyn Whitcomb**

### Del Cerro Elementary - Library Remodel

Education/Literacy  
Remodeled the library at Del Cerro Elementary.



Oso Valley Troop 3379



Rancho Trabuco Troop 3518

**Chloe Henriquez, Ava Sandoval**

**Foster Kids Sweet Cases**

Children's Issues/Foster Care

Hand-decorated 13 duffle bags for foster kids.



Rancho Trabuco Troop 3518

Rancho Trabuco Troop 3518

**Ella Rose McLaughlin, Gianna Menegio, Delaney Shepard, Marielle Zambales**

**Emergency First Responders**

Disaster Relief

Delivered grab-n-go bags to local police and fire stations.



Rancho Trabuco Troop 3518

**Congratulations, Bronze Award Girl Scouts!**

**Thank you to all Girl Scout Cadette Troop/Group Volunteers.**



**Do you know a 2019 Orange County Bronze Award Girl Scout who should be recognized here?**

**Kindly send info for any additional Bronze Award Girl Scout(s) who completed a project between October 1, 2018-September 30, 2019 to Customer Care to request inclusion in a quarterly update.**

**[CustomerCare@girlscoutsOC.org](mailto:CustomerCare@girlscoutsOC.org)**



## **The Girl Scout Promise**

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

## **The Girl Scout Law**

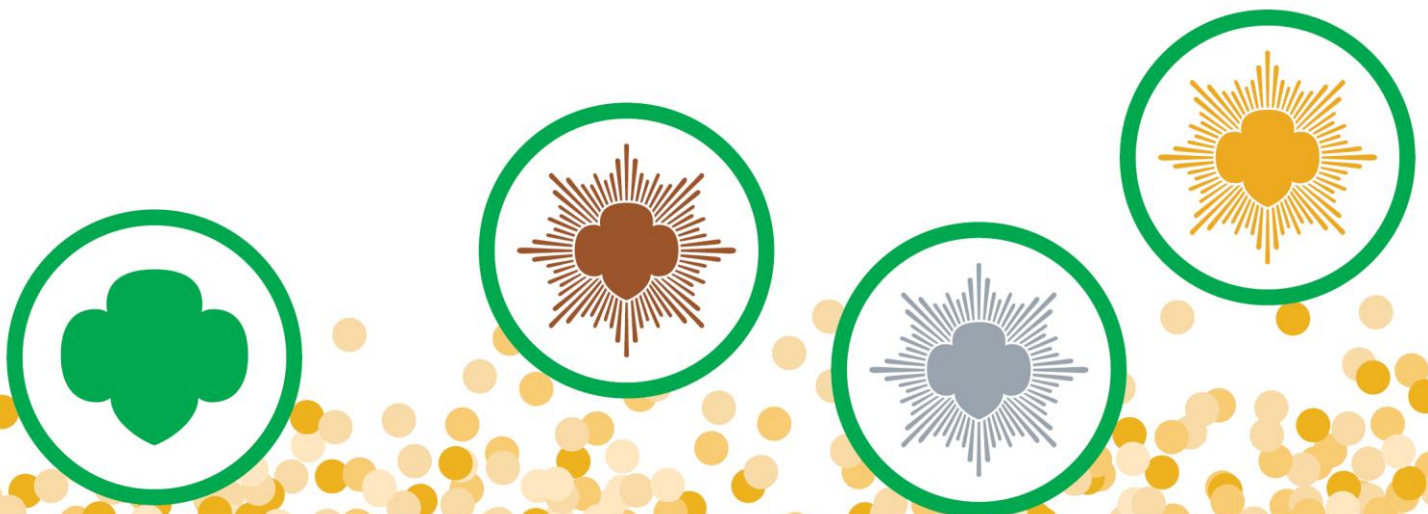
I will do my best to be:  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for what I say and do,  
and to respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.

## **Mission**

Girl Scouts builds girls of courage, confidence, and character, who make the world a better place.

## **Vision**

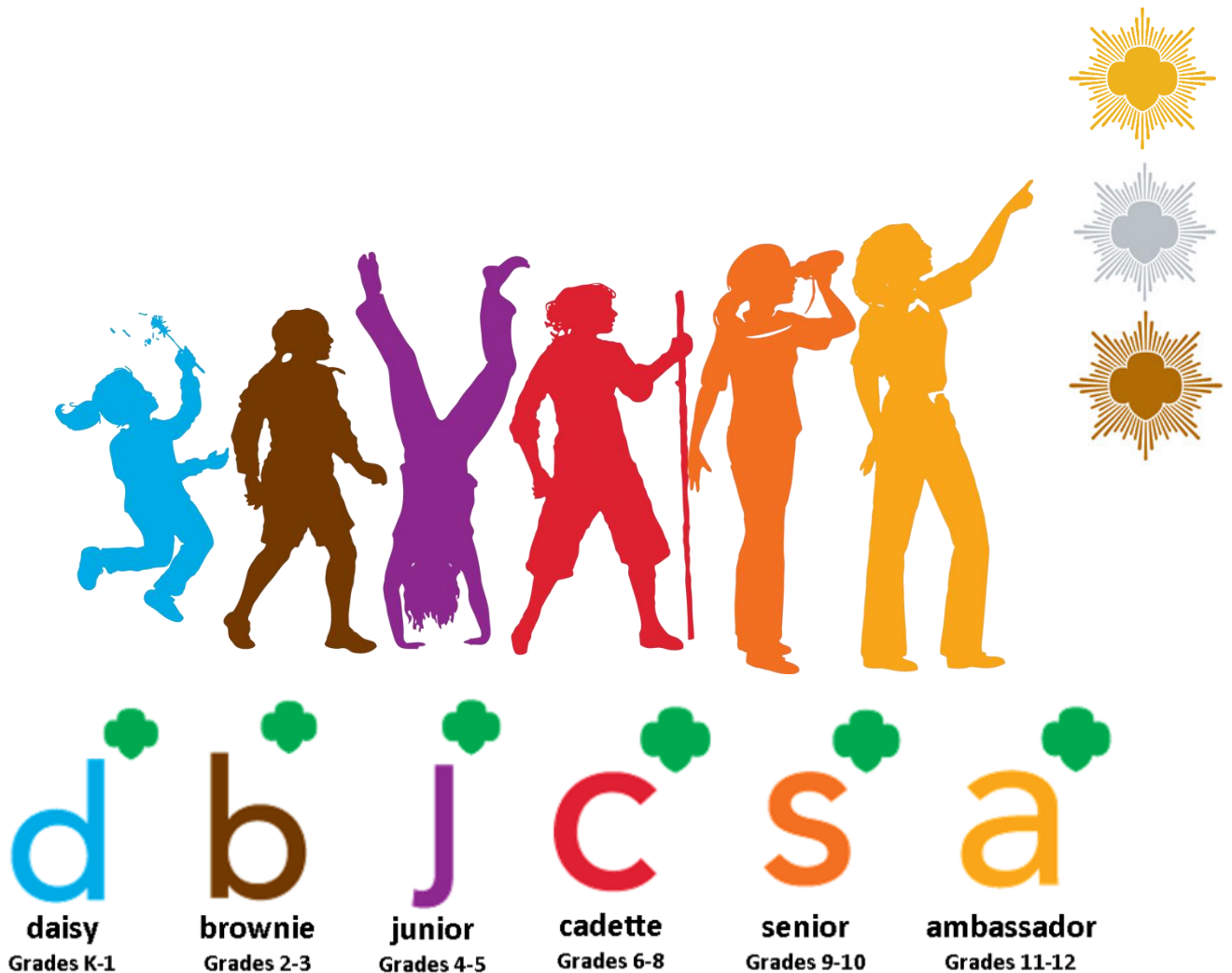
Girl Scouts of Orange County creates the best leadership development experiences for all girls in Orange County.





Inspired? You can get started on the path to Highest Awards and take Action to make the world a better place.

Begin a Girl Scout Journey to earn the Highest Awards!  
[See how](#) Girl Scouts of all levels are on the path to “go gold.”



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